

## **BEST AMONG THE REST**

by Charles (Chuck) Maack, Prostate Cancer Activist/Mentor

**DISCLAIMER:** Please recognize that I am not a Medical Doctor. I have been an avid student researching and studying prostate cancer as a survivor and continuing patient since 1992. I have dedicated my retirement years to continued research and study in order to serve as an advocate for prostate cancer awareness, and, from a activist patient's viewpoint, to voluntarily help patients, caregivers, and others interested develop an understanding of prostate cancer, its treatment options, and the treatment of the side effects that often accompany treatment. There is absolutely no charge for my mentoring – I provide this free service as one who has been there and hoping to make your journey one with better understanding and knowledge than was available to me when I was diagnosed so many years ago. Readers of this paper must understand that the comments or recommendations I make are not intended to be the procedure to blindly follow; rather, they are to be reviewed as my opinion, then used for further personal research, study, and subsequent discussion with the medical professional/physician providing your prostate cancer care.

I have often been asked how I determine “my personal opinion” “Best Among the Rest” physicians:

I have been deeply involved in research and study of prostate cancer since 1996 when I experienced my cancer recurrence. At the same time I have been monitoring and responding to posts on the various prostate cancer support lists. And, I have been attending annual conferences on prostate cancer where I had the opportunity to meet and listen to presentations made at those conferences by physicians that were selected for those presentations based on their well known expertise in research and treatment of our insidious disease.

During these several years we regularly see the recommendation to patients, particularly newly diagnosed or those with recurring disease, to seek out

physicians with known expertise in whichever treatment option the patient may be interested (surgery, radiation, cryosurgery, androgen deprivation, chemotherapy, Active Surveillance, erectile dysfunction, incontinence, and-you-name-it). And, it became obvious that little was known by most posting on the several support lists as to just who are those physicians with such expertise. With that recognition, I began assembling “my” personal opinion list of physicians I had found could be considered “Best Among the Rest” as regards prostate cancer that I could then pass on to those interested. I included physicians who had been invited because of their expertise to provide presentations at these annual national conferences, physicians who their colleagues recommended, and physicians whom I had learned from at least three or more patients as having provided excellent administration of treatment procedures, and with no reasonable adverse reports. I then looked up these physicians to learn of papers they may have written and to have an idea of how long they had been in practice.

Most certainly there are likely many others that I have not yet met, heard, or been recommended by either colleagues or at least three patients.

## **ROBOTIC LAPAROSCOPIC RADICAL PROSTATECTOMY**

### **DETROIT, MICHIGAN:**

Dr. Mani Menon, Director of the Vattikuti Urology Institute who developed the robotic technique called VIP (Vattikuti Institute Prostatectomy). Under Dr. Menon's direction, urologists at the Vattikuti Urology Institute were among the first in the world to perform prostatectomy using the daVinciT computer-enhanced minimally invasive surgery system. Contact info:

<http://www.henryford.com/body.cfm?id=38441&action=detail&ref=952>

(However, the direct telephone contact number is 1-888-881-1117). And more contact and accommodations info at

<https://www.vuirobosurg.com//greetings.htm> . You should specifically ask about the on-site 2-bedroom accommodations. Some interesting background regarding Robot assisted Laparoscopic Radical Prostatectomy:

<https://www.vuirobosurg.com//greetings.htm>

Dr. James Peabody, a protege of Dr. Menon also at the Vattikuti Institute and Henry Ford Hospital in Detroit. Contact info:

<http://www.henryford.com/body.cfm?id=38441&action=detail&ref=1100>

(Again, the direct telephone contact number is 1-888-881-1117)

The wife/caregiver of a patient of Dr. Menon advised that their experience with Dr. Menon and his staff was superb and that very close and personal attention was provided before, during, and after the procedure.

To learn more about these two physicians and this procedure, visit:

<http://www.henryford.com/body.cfm?id=41144>.

It is also recommend that when calling, determine if one's insurance covers the services of Drs. Menon and Peabody and Henry Ford Hospital. Of course, this question should be asked when contacting any physician or medical center.

Other surgeons recommended by patients and who have high volume experience with the daVinci procedure:

### **NEW YORK CITY, NEW YORK:**

Dr. Ashutosh Tewari, another protege of Dr. Menon, is one of the foremost leaders in robotic prostate surgery and prostate cancer research in the world. Formerly Director of Robotic Prostatectomy and Prostate Cancer-Urologic Oncology Outcomes, Associate Professor of Urology & Associate Attending, New York Presbyterian Hospital-Weill Medical College of Cornell University, is now Dr. Ash Tewari, MD Chairman of Urology Mount Sinai Urology Associates 1425 Madison Avenue, 6th Fl. New York, NY 10029: phone: 212-241-9955 Monday-Friday, 9am-5pm Chairman of The Milton and Carroll Petrie Department of Urology at the Icahn School of Medicine at Mount Sinai, effective October 15, 2013. The Department of Urology is located at 5 East 98<sup>th</sup> Street, New York, NY 10029, telephone for appointment: (212) 241-4812. More about Dr. Tewari: <http://tinyurl.com/nlamxjp>. (Recently read that Dr. Tewari's location is 1425 Madison Avenue, 6<sup>th</sup> Floor, with a telephone number (212) 241-9955 – so best phone ahead and make sure of appropriate address for appointment)

Dr. David B. Samadi, Chairman of Urology, Chief of Robotic Surgery at Lenox Hill Hospital, Professor of Urology at Hofstra North Shore-LIJ School of Medicine, 485 Madison Avenue (between 51<sup>st</sup>-52<sup>nd</sup> Street), 21<sup>st</sup> Floor, New York, NY 10022, Tel, 1-212-365-5000, See more at [www.roboticoncology.com/](http://www.roboticoncology.com/).

COMMENTS by a patient administered RaLRP by Dr. Samadi: “Four days after my robotic surgery, I feel as good as I did before the surgery, except for the catheter - which is a nuisance. The catheter comes out tomorrow. I've felt good all along. I've still had absolutely no pain - from the moment I came out of anesthesia to now. Dr. Samadi gave me prescriptions for pain and for bladder spasms, just in case. I haven't needed either. I wonder if I'm just very lucky, or, if my case is typical after robotic surgery by a competent Dr. like Samadi.” Dr. Samadi was featured on an NBC News “Today” show November 7, 2013 as part of the Movember movement with both Matt Lauer and Al Roker providing blood samples for PSA level check as well as receiving the DRE (digital rectal examination) to evaluate if there were hardness or nodules noticed on the prostate gland. Matt Lauer recently had a PSA test with a result of less than 1.0ng/ml and the DRE was absent of any abnormalities. Al Roker's PSA to still be determined and DRE only found the presence of an enlarged prostate (no other abnormalities) and he and Dr. Samadi will continue future appointments to keep an eye on any changes; in any case, avoiding biopsy until diagnostics indicate that necessity. See:

<http://www.youtube.com/watch?v=ngx2-2mPVL0> More recently is this article regarding the manner in which Dr. Samadi administers the RaLRP procedure:

“Experience Matters: David B. Samadi, MD — Advancing Robotic Prostate Surgeries Worldwide” <http://tinyurl.com/kd3778w>

Dr. Karim A. Touijer, Memorial Sloan Kettering Cancer Center Kimmel Center 353 East 68th St., New York, NY 10065, Telephone 646-422-4486, profile <http://www.mskcc.org/prg/prg/bios/850.cfm>

### **NEWARK, NEW JERSEY**

Dr. Domenico Savatta, Chief of Minimally Invasive and Robotic Adult Urologic Surgery, Associates in Urology [www.roboticsurgeon.md](http://www.roboticsurgeon.md) 741 Northfield Ave, Suite 206, West Orange, NJ 07052, 973-325-6100, email [dsavatta@roboticsurgeon.md](mailto:dsavatta@roboticsurgeon.md). Provides robotic surgery at Newark Beth Israel

Medical Center, Newark; Saint Barnabas Medical Center, Livingston; and Saint Clare's, Denville.

**WASHINGTON, D.C.**

Dr. Jason Engle, Vice Chairman of Urology and Director of Urologic Robotic Surgery at George Washington University Hospital, Urologic Surgeons of Washington, 2021 K St. NW, Suite 408, Washington, D.C., 20006, Telephone 202-223-1024

**CELEBRATION, FLORIDA (Orlando area):**

Dr. Vipul Patel, Medical Director, Global Robotics Institute, Central Florida Hospital Celebration Health, 400 Celebration Place, Celebration, FL. Tel: 1-866-923-2863; Website: [www.globalroboticsinstitute.com](http://www.globalroboticsinstitute.com) email: [vipul.patel.md@flhosp.org](mailto:vipul.patel.md@flhosp.org). Dr. Patel completed a minimally invasive fellowship at the University of Miami and then established a robotic surgical program in a large private practice in Birmingham, AL. A few years ago, he left private practice to establish a robotic program at Ohio State University. In January 2008 Dr. Patel moved to Central Florida where, in addition to his duties listed above, he also serves as Associate Professor of Urology at the University of Central Florida College of Medicine. He is also Editor-in-Chief of the quarterly Journal of Robotic Surgery. Dr. Patel has performed nearing 2000 robotic surgeries. Colleague Urologist Kenneth Palmer also administers robot assisted radical prostatectomy and can be reached via the website.

**NAPLES, FLORIDA:**

David Ornstein, M.D., Advanced Urology and Robotic Surgery, 733 4<sup>th</sup> Avenue, North, Naples, FL 34102, telephone (239) 403-9503. Personal website: <http://www.davidornsteinmd.com/>

**PORTLAND, OREGON:**

Bruce A. Lowe, M.D., 2230 N.W. Pettygrove St. Ste. 210, Portland, Oregon 97210, Tel: 503-223-6223

**LOS ANGELES, CALIFORNIA AREA:**

City of Hope Natl., Medical Center: Drs. Mark Kawachi, Director, Prostate Cancer Center (<http://www.cityofhope.org/people/kawachi-mark>), and Tim Wilson, Director, Dept. of Urology and Urologic Oncology/Director, Prostate Cancer

Program (<http://www.cityofhope.org/people/wilson-timothy>), City of Hope Natl. Medical Center, 1500 East Duarte Road, Duarte, CA (just east of Pasadena) 1-800-423-7119, Urology Dept. 626-359-8111 ext. 62655, eMail: [referapatient@coh.org](mailto:referapatient@coh.org)

### **SAN FRANCISCO, CALIFORNIA**

Peter Carroll, M.D. Co-Director of the Urologic Oncology Service, Department of Urology, 1600 Divisadero Street, San Francisco, California 94143, telephone: (415) 353-7171. More info at <http://tinyurl.com/yrvvah>

### **ROCHESTER, NEW YORK:**

Jean V. Joseph, M.D., Associate Professor of Urology, Head, Section of Laparoscopy and Robotics, Director, Fellowship in Laparoscopy and Endourology, University of Rochester Medical Center, 2400 South Clinton Avenue, Bldg. H – Suite 150, Rochester, NY (585) 341-7795 <http://www.stronghealth.com/services/urology/team/josephbio.cfm>

### **BALTIMORE, MARYLAND:**

Alan W. Partin, M.D., PhD Urology/Oncology, Johns Hopkins Hospital, Baltimore, Chair, James Buchanan Brady Urological Institute and Urologist-in-Chief, Dept. of Urology/Oncology, telephone 410-955-6707 email: [apartin@jhmi.edu](mailto:apartin@jhmi.edu)

### **MEMPHIS, TENNESSEE:**

-Dr. Robert Donato, 1325 Wolf Park Drive, Suite 102, Germantown, Tennessee (Memphis area) 901-252-3400 <http://www.conradpearson.com/ourstaff/donato.htm>

### **AUSTIN, TEXAS:**

Randy Fagin, M.D., Director Robotic Surgery, Westlake Medical Center, 5656 Bee Caves Rd., D-200, Austin, TX 78746, 512-231-1444 or toll free 877-231-1444. He

is part of "The Urology Team, PA." His personal bio at:

<http://www.urologyteam.com/our-doctors/dr-randy-fagin.htm>

### **HOUSTON, TEXAS**

Brian J. Miles, M.D., professor for the Scott Dept. of Urology at Baylor College of Medicine, Chief of Urology Services at St. Luke's Episcopal Hospital, and Director, Texas Cancer Institute. Located at O'Quinn Tower, 6624 Fanin Street, Suite 2280, Houston, TX 77030, 713-799-8896 [www.drbrianmiles.com](http://www.drbrianmiles.com) (PC Patients have recommended that if Dr. Miles is to treat them in a hospital setting, that they request it be performed at Methodist Memorial Hospital since the care by staff there is way superior than at St. Luke's)

### **CHARLOTTE, NORTH CAROLINA:**

Daniel L. Watson, MD, FACS, 201 Queens Road, Charlotte, NC 28204, 704-372-5180

[www.urologyspecialistsnc.com](http://www.urologyspecialistsnc.com)

### **CONCORD, NORTH CAROLINA:**

Harrison Rhee, MD, 1085 North East Gateway Court, Concord, NC 28025, 704-707-2200, [www.urologyspecialistsnc.com](http://www.urologyspecialistsnc.com)

### **NORTH KANSAS CITY AND LIBERTY CITY, MISSOURI:**

In my own area, though a few hundred miles away since at the time RaLRP was not offered in Wichita, Kansas, our chapter was visited by Dr. Justin Albani who practices RLRP at North Kansas City Hospital and Liberty Hospital in Missouri. Newly diagnosed patients from our chapter who traveled to North Kansas City, Missouri to have the procedure administered by Dr. Albani reported excellent results. Patient and family counseling is provided before and after administration to fully understand the procedure. Out of town patients treated at the Liberty Hospital and their family members are assisted with reasonable cost accommodations. Dr. Albani can be contacted at [justin\\_albani@hotmail.com](mailto:justin_albani@hotmail.com), telephone 816-842-0171, See: <http://www.urologyspecialistskc.com>.

### **WICHITA, KANSAS:**

Drs. A. J. Farha, Gregory Byrd, and Fadi Joudi, Wichita Urology Group, 2626 N. Webb Road, Wichita, KS 67226, Tel: 316-636-6100, Toll Free: 800-739-6870 [www.wichitaurology.com](http://www.wichitaurology.com) - and Dr. Clay Lyddane, Via Christi Clinic Urology

Department, <http://tinyurl.com/jj8hznd> Tel: 689-9185 (these physicians are all approved to provide the procedure at all Wichita Via Christi Hospitals as well as Wesley Medical Center)

### **KANSAS CITY, KANSAS:**

University of Kansas Medical Center, 3901 Rainbow Blvd., Kansas City, KS 66160

- Brantley Thrasher, M.D., F.A.C.S., Professor and William L. Valk Chair of Urology Residency Program Director Fellow of the American College of Surgeons Diplomate American Board of Urology Adult Urology & Urologic Oncology Reconstructive Surgery [bthrasher@kumc.edu](mailto:bthrasher@kumc.edu) Telephone 913-588-6152

-David A. Duchene, M.D., Assistant Professor of Urology, Director, Minimally Invasive Urological Surgery Lab Urologic Tumors; Adrenal Disorders; Renal Reconstruction; Kidney Stones [dduchene@kumc.edu](mailto:dduchene@kumc.edu) Telephone 913-588-6982

### **COLUMBUS, OHIO**

John K. Burgers, M.D., 3555 Olentangy River Road, Suite 4020, Columbus, Ohio, telephone 614-268-2323 or try 614-268-8103  
<http://tinyurl.com/kdk9ly4>

### **UNITED KINGDOM/LONDON**

Professor Prokar Dasgupta, M.D., FRCS (Urol) FEBU, The Prostate Centre, 32 Wimpole Street, London, England W1G8GT, Tel: +44 (0)20 7935 9720, email for appointment: [info@theprostatecentre.com](mailto:info@theprostatecentre.com). Background: <http://tinyurl.com/bvxt8ox>

### **AUSTRALIA**

Dr. Assoc. Professor Phillip Stricker  
St. Vincent's Clinic, Suite 905, Level 9  
438 Victoria Street  
New South Wales, Australia  
Phone: (02)8382 6971

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## **LAPAROSCOPIC RADICAL PROSTATECTOMY:**

I see Arnon Krongrad, Bertrand Guillonneau, Alan Partin, David Samadi, and Jean V. Joseph among the leading laparoscopic radical prostatectomy surgeons.

### **AVENTURA, FLORIDA**

[www.krongrad-urology.com](http://www.krongrad-urology.com) - Website for Arnon Krongrad, M.D. of Aventura, Florida, internationally recognized authority on Prostate Cancer and pioneer of the wide application of Laparoscopic Radical Prostatectomy (LRP) in the United States. For questions regarding LRP, Dr. Krongrad or Ruth, his coordinator, can be personally reached by email at [www.info@krongrad-urology.com](mailto:www.info@krongrad-urology.com) or by telephone (305) 936-0474 fax (305) 936-0498

### **NEW YORK CITY**

- Bertrand Guillonneau, Memorial Sloan Kettering, NYC, NY, telephone for appointments: 646-497-9068

- Dr. David B. Samadi, Chief, Division of Robotics and Minimal Invasive Surgery, Mount Sinai School of Medicine, 625 Madison Ave. (between 58<sup>th</sup> and 59<sup>th</sup> Sts.), Suite 230, New York City, telephone 212-241-8779, [www.roboticoncology.com/](http://www.roboticoncology.com/).

- Dr. Karim A. Touijer, Memorial Sloan Kettering Cancer Center Kimmel Center 353 East 68th St., New York, NY 10065, Telephone 646-422-4486, profile <http://www.mskcc.org/prg/prg/bios/850.cfm>

### **BALTIMORE**

- Alan W. Partin, M.D., PhD Urology/Oncology, Johns Hopkins Hospital, Baltimore, Chair, James Buchanan Brady Urological Institute and Urologist-in-Chief, Dept. of Urology/Oncology, telephone 410-955-6707 email: [apartin@jhmi.edu](mailto:apartin@jhmi.edu)

### **ROCHESTER, NEW YORK**

- Jean V. Joseph, M.D., Associate Professor of Urology, Head, Section of Laparoscopy and Robotics, Director, Fellowship in Laparoscopy and Endourology, University of Rochester Medical Center, 2400 South Clinton Avenue, Bldg. H –

Suite 150, Rochester, NY (585) 341-7795

<http://www.stronghealth.com/services/urology/team/josephbio.cfm>

### **RADICAL PROSTATECTOMY:**

Obviously Patrick Walsh as well as Alan Partin, William Catalona and Peter Scardino are among the top in radical prostatectomy.

#### **BALTIMORE**

- Dr. Patrick Walsh, Johns Hopkins Hospital, Baltimore - Appointments: telephone 410-955-4100

- Dr. Alan W. Partin, M.D., PhD Urology/Oncology, Johns Hopkins Hospital, Baltimore, Chair, James Buchanan Brady Urological Institute and Urologist-in-Chief, Dept. of Urology/Oncology, telephone 410-955-6707 email: [apartin@jhmi.edu](mailto:apartin@jhmi.edu)

#### **CHICAGO**

- Dr. William J. Catalona, M.D., Professor, Department of Urology, Northwestern University Feinberg School of Medicine, Director, Clinical Prostate Cancer Program, Robert H. Lurie Comprehensive Cancer Center, Northwestern University Memorial Hospital 675 North St. Clair St. Suite 20-150, Chicago, IL 60611, To schedule surgery, contact Dr. Catalona at 312-695-4471 or via email at [wcatalona@nmff.org](mailto:wcatalona@nmff.org) or [wcatalona@aol.com](mailto:wcatalona@aol.com).

#### **NEW YORK CITY**

- Dr. Peter T. Scardino's office at Memorial Sloan-Kettering Cancer Center in NY City. His assistant is very knowledgeable and after explaining your particular situation to her she will be able to make a recommendation. Dr. Scardino's contact information: 212-639-7955  
<http://www.mskcc.org/prg/prg/bios/415.cfm>

- Dr. David B. Samadi, Chief, Division of Robotics and Minimal Invasive Surgery, Mount Sinai School of Medicine, 625 Madison Ave. (between 58<sup>th</sup> and 59<sup>th</sup> Sts.), Suite 230, New York City, telephone 212-241-8779, [www.roboticoncology.com/](http://www.roboticoncology.com/).

#### **DURHAM, NORTH CAROLINA**

- Dr. Judd W. Moul, Professor and Chief, Division of Urologic Surgery, Duke University 919-684-5057 email [judd.moul@duke.edu](mailto:judd.moul@duke.edu) Website: [http://www.dukehealth.org/physicians/judd\\_w\\_moul](http://www.dukehealth.org/physicians/judd_w_moul)

#### **BURLINGTON, MA**

- Dr. Robert P. Myers, Professor of Urology, Woods Corner 41 Mall Rd Burlington, MA 01803 Telephone 781-744-8762 [http://www.vitals.com/doctors/Dr\\_Robert\\_P\\_Myers\\_3.html](http://www.vitals.com/doctors/Dr_Robert_P_Myers_3.html)

#### **WICHITA, KANSAS**

- Dr. A. J. Farha, Wichita Urology Group, 2626 N. Webb Road, Wichita, KS 67226, Tel: 316-636-6100, Toll Free: 800-739-6870 [www.wichitaurology.com](http://www.wichitaurology.com)

#### **MIAMI, FLORIDA**

- Dr. Mark Soloway, Professor and Chairman, Miami School of Medicine 1150 North West 14<sup>th</sup> St., Miami, Florida, 305-243-6596. Bio: [http://www.urotoday.com/5/meet\\_the\\_expert/meet\\_the\\_experts/meet\\_the\\_expert\\_mark\\_s\\_soloway.html?s\\_cid=expert\\_schalkin\\_02right](http://www.urotoday.com/5/meet_the_expert/meet_the_experts/meet_the_expert_mark_s_soloway.html?s_cid=expert_schalkin_02right) or try <http://tinyurl.com/9z6okr>

#### **SALT LAKE CITY, UTAH**

- Dr. Robert Stephenson, 50 N. Med Dr. #3b420, University of Utah, Salt Lake City, Utah 801-581-4705

#### **GERMANTOWN, TENNESSEE**

- Dr. Robert Donato, 1325 Wolf Park Drive, Suite 102, Germantown, Tennessee (Memphis area) 901-252-3400 <http://www.conradpearson.com/ourstaff/donato.htm>

#### **HOUSTON, TEXAS**

Robert J. Cornell, M.D., 1315 St. Joseph Parkway, Suite 1700, Houston, TX 77002, Telephone: 713-652-5011, Website: [www.urosurgeryhouston.com](http://www.urosurgeryhouston.com), Email: [drcornell@urosurgeryhouston.com](mailto:drcornell@urosurgeryhouston.com).

Kevin M. Slawin, M.D., Director, Vanguard Urologic Institute, Memorial Hermann Medical Plaza, 6400 Fannin Street, Suite 2300, Houston, TX 77030, Telephone 713-366-7800, Appointments [info@vanguardurology.com](mailto:info@vanguardurology.com)

#### SAN ANTONIO, TEXAS

- Dr. Ian Thomas, **Cancer Therapy and Research Center**, South Texas Medical Center Campus, 7979 Wurzbach Rd, San Antonio, Texas 78229, website: <http://tinyurl.com/ljr6c>, telephone: (210) 567-5643

#### ORLANDO, FLORIDA

E. "Jake" Jacobo MD, SSCH Medical Plaza, 515 West S.R. 434 - Suite 302, or 3586 Aloma Ave - Suite 2, Orlando, FL, Tel: 407-332-0777

**NOTE:** A request to [rp@prostatepointers.com](mailto:rp@prostatepointers.com) or [PROSTATE@LISTSERV.ACOR.ORG](mailto:PROSTATE@LISTSERV.ACOR.ORG) for patient experiences with RLRP, LRP, or RP surgeons would likely find other patients who will be glad to explain their experiences and provide the names of many more. You can also find patients remarks who have received this and other therapies at <http://www.yananow.net/Experiences.html>.

#### **CRYOTHERAPY**

#### VENTURA, CALIFORNIA

- Duke K. Bahn MD (<http://www.pioa.org/bahn.html>) Medical Director, Department of Radiology, Prostate Institute of America, Community Memorial Hospital of San Buenaventura 168 N. Brent Street, Suite 402, Ventura, CA 93003 Tel: Toll Free 888-234-0004, 805-585-3082. Fax: 805-641-3965 **Email:** [dkbahn@cmhhospital.org](mailto:dkbahn@cmhhospital.org). TAKE NOTE: Dr. Bahn no longer accepts health insurance for his treatment. He made note that his is not a "volume" practice because he wants to spend more individual time with patients to insure their appropriate care. In so doing, health insurers are not providing sufficient

compensation for the time he spends with patients. His choice was to close and retire, or continue to provide his services at a very reasonable fee and will consider negotiating his fees with those who can document financial hardship. Though patients will pay for his services, those that have private insurance can submit his payment receipt to their health insurers for possible personal reimbursement. Medicare patients will NOT be able to submit bills to Medicare for reimbursement.

#### AURORA, COLORADO

- E. David Crawford, distinguished Professor of Surgery, Urology, and Radiation Oncology, and head of the Section of Urologic Oncology at the University of Colorado Health Sciences Center, 1665 Aurora Court, Anschutz Cancer Pavillion, Suite 1004, Aurora, Colorado, 80045, Telephone 1-720-848-0170 then wait for prompt and press the number 3; Administrative Assistant, 1-720-848-0195; Office, [www.edavidcrawford.com](http://www.edavidcrawford.com). Email: [david.crawford@uchsc.edu](mailto:david.crawford@uchsc.edu) Dr. Crawford is a nationally recognized expert in prostate cancer and is involved in extensive research regarding our disease.

- Al B. Barqawi, M.D., FRCS, Assistant Professor & Director of Research, Division of Urology/ University of Colorado. Aurora, Colorado, 1-720-848-0568, 1665 N. Ursula St., Suite 1004, P.O. Box 6510, Mail Stop F-710, Aurora, Colorado, email [al.barqawi@uchsc.edu](mailto:al.barqawi@uchsc.edu) For appointment call 1-720-848-0170 or 1-720-949-0206

#### AVENTURA, FLORIDA

Dr. Gary Onik, Medical Director, The Center for Recurrent Prostate Cancer, Biscayne Medical Arts Building, 21110 Biscayne Boulevard, Aventura, Florida 33180, website <http://prostatecancer2.com/page12.php>, personal info: <http://prostatecancer2.com/page2.php>. I had a recent conversation with Dr. Onik and he sees targeted/focal Cryotherapy the primary option for failed radiation as well as for treatment to specifically identified tumor development in the prostate gland. Dr. Onik's services are carried out similar to that of Dr. Bahn.

#### NEW YORK CITY and GARDEN CITY, NEW YORK

Aaron E. Katz, MD, Chairman, Department of Urology, Winthrop University Hospital. Office locations: Winthrop Urology 1401 Franklin Avenue, Garden City,

NY 11530, telephone (516) 535-1900, **and** Winthrop Urology 944 Park Avenue, New York, NY 10028, telephone (877) 764-5057.

Bio: <http://www.winthrop.org/newsroom/press/release.cfm?id=761>

#### **BARTLETT, ILLINOIS**

- Raj Patel, M.D., 385 Bartlett Plaza, Bartlett, IL 60103, 630-289-6024 1-877-722-2796

#### **ARLINGTON, TEXAS**

David S. Ellis, M.D., Urology Associates of North Texas, 1001 Waldrop Drive, Suite 708, Arlington, TX 78012, Tel: 817-465-0373, Email:

[info@worldclassmd.com](mailto:info@worldclassmd.com).

(For a patient's perspective regarding Cryotherapy, contact advocate Larry Junker at [ljunker@juno.com](mailto:ljunker@juno.com))

**NOTE:** A request to [iceballs@prostatepointers.com](mailto:iceballs@prostatepointers.com) or

[PROSTATE@LISTSERV.ACOR.ORG](mailto:PROSTATE@LISTSERV.ACOR.ORG) for patient experiences

with Cryotherapy physicians would likely find other patients who will be glad to explain their experiences and provide the names of many more. You can also find patients remarks who have received this and other therapies at

<http://www.yananow.net/Experiences.html>.

#### **TARGETED FOCAL LASER THERAPY/3D TRANSPERINEAL MAPPING BIOPSY**

#### **AURORA, COLORADO**

- E. David Crawford, distinguished Professor of Surgery, Urology, and Radiation Oncology, and head of the Section of Urologic Oncology at the University of Colorado Health Sciences Center, 1665 Aurora Court, Anschutz Cancer Pavillion, Suite 1004, Aurora, Colorado, 80045, Telephone 1-720-848-0170 then wait for prompt and press the number 3; Administrative Assistant, 1-720-848-0195;

Office, [www.edavidcrawford.com](http://www.edavidcrawford.com). Email: [david.crawford@uchsc.edu](mailto:david.crawford@uchsc.edu) Dr.

Crawford is a nationally recognized expert in prostate cancer and is involved in extensive research regarding our disease.

- Al B. Barqawi, M.D., FRCS, Assistant Professor & Director of Research, Division of Urology/ University of Colorado. Aurora, Colorado, 1-720-848-0568, 1665 N. Ursula St., Suite 1004, P.O. Box 6510, Mail Stop F-710, Aurora, Colorado, email [al.barqawi@uchsc.edu](mailto:al.barqawi@uchsc.edu) For appointment call 1-720-848-0170 or 1-720-949-0206

### **LEAGUE CITY, TEXAS (Galveston area)**

Eric Walser, M.D., Chairman of Radiology, University of Texas Medical Branch, specializing in Laser Ablation, Victory Lakes 2240 Gulf Freeway South, League City, Texas 77573, telephone 409-772-7150 (Galveston area)

Imaging equipment: <http://radiology.utmb.edu/Sections/locations.asp>

More about the radiology facility and state-of-the-art imaging to accompany treatment: <http://www.utmbhealth.com/oth/Page.asp?PageID=OTH001162>

### **BRACHYTHERAPY SEED IMPLANTS/EXTERNAL BEAM RADIATION THERAPY (EBRT)**

#### **FLORIDA**

- Dr. Michael Dattoli and the Dattoli Cancer Center and Brachytherapy Research Institute in Sarasota, Florida: Important is the comprehensive workup they do with each patient visiting their center and the advances his center has made in positive treatment results because of the utilization of the most advanced radiological equipment for the delivery of DART (Dynamic Adaptive Radiation Therapy) and the use of 3D Color Flow Doppler Ultrasound (3DCFD). Dr Dattoli was also instrumental in the pioneering of prostate brachytherapy (seed implants) and defined the characteristics of palladium-103 (Pd-103) over 25 years ago. His presentations at National Conferences on Prostate Cancer catch the attention of everyone present. (DART has the ability to show the soft tissue anatomy and pinpoint radiation treatment exactly where it is required, so there are almost no side effects). F18 PET/CT bone scan and Endorectal Coil MRI are also available locally if required. In my opinion, the equipment present in the Dattoli Cancer Center is state-of-the-art, unlikely to be present at any other facility treating

PC with DART and seed implants. And Dr. Dattoli and his staff have proven their expertise with exceptional outcomes. In recent years, the Dattoli Center has emerged as a highly competent choice for assessing and treating recurrent (or persistent) prostate cancer, following any type surgery or radiation. Dr. Dattoli. In conjunction with Dr. Stephen Bravo at Sand Lake Imaging (Orlando) has broken new ground in identifying lymph node positive prostate cancer. Dattoli's success in treating the affected nodes with DART radiation is giving new hope to patients suffering recurrence (relapse after initial treatment). A visit to [www.dattoli.com](http://www.dattoli.com) should provide you the assurance you might require that if your option choice is brachytherapy seed implants accompanied by DART and possibly short term ADT in select patients to insure all areas in which PC may be present are attacked. A trip to Sarasota would be an excellent choice. You can find contact information on the website to discuss your concerns with a representative. I believe they offer support in finding the least expensive accommodations while there for treatment and you could also ascertain if your insurance coverage is accepted there (Medicare IS accepted).

### NEW YORK CITY

Dr. Michael Zelefsky, Memorial Sloan Kettering Cancer Center (MSKCC) 353 East 68th St., New York, NY 10065, Telephone 212-639-6802 Bio: <http://www.mskcc.org/prg/prg/bios/187.cfm>

Dr. Israel Deutsch, Director of the Brachytherapy Program at New York-Presbyterian Hospital/Columbia University Medical Center, and a Clinical Instructor of Radiation Oncology at Columbia University College of Physicians and Surgeons. 622 West 168<sup>th</sup> St., CHONY North Basement, Room 11, New York, NY 10032, Telephone 212-305-0618. Bio: <http://nyp.org/pro/newfaculty.html>.

Dr. Ronald Ennis, St. Lukes – Roosevelt, 1000, Tenth Avenue, New York, NY 10019, Telephone 212-636-3345 See: [http://www.docnet.org/physicians/phys\\_bios.aspx?phys\\_id=10467](http://www.docnet.org/physicians/phys_bios.aspx?phys_id=10467)

Dr. Louis Potters, MD FACR, Chairman, Radiation Oncology, North Shore Health System, New York Prostate Institute, North Shore-Long Island Jewish Medical Center Department of Radiation Oncology 270-05 76th Ave., New Hyde Park, NY 11040, Telephone: 718-470-7190, Bio:

[http://www.nyprostate.org/search\\_results.cfm?action=page&PageID=49](http://www.nyprostate.org/search_results.cfm?action=page&PageID=49)

#### SAN FRANCISCO, CALIFORNIA:

Mack Roach, M.D., FACR, Professor Radiation Oncology and Urology, Chair Radiation Oncology, University of California, San Francisco, 1600 Divisadero, 3<sup>rd</sup> Floor, San Francisco, CA 94115, Telephone 415-353-7171. Email:

[roach@radonc17.ucsf.edu](mailto:roach@radonc17.ucsf.edu) See: <http://urology.ucsf.edu/faculty/facRoach.html>

#### CHICAGO, ILLINOIS

Dr. Stanley Liawu, University of Chicago on Southside of City, Telephone 773-702-6870. His nurse Denise will require answers to several questions prior to assigning an appointment date/time. IMRT/IGRT with Tomotherapy used.

Dr. Brian J. Moran, Chicago Prostate Center, 815 Pasquinelli Drive, Westmont, IL 60559, Tel: (630) 654-2515, eMail: [info@prostateimplant.com](mailto:info@prostateimplant.com), Website:

<http://www.prostateimplant.com/staff.html>

#### MILWAUKEE, WISCONSIN

-Dr. Colleen Lawton, FACR, FASTRO, Professor of Radiation Oncology, Clinical Director, Radiation Oncology Froedtert & Medical College Clinical Cancer Center, Director of Medical Residency Program, Department of Radiation Oncology 8701 Watertown Plank Road, Milwaukee, WI 53226 (414) 805-4470

<http://www.mcw.edu/radiationoncology/faculty/colleenlawton.htm>

#### BUTTE, MONTANA

- Dr. John Stevenson, St. James HealthCare, 400 S. Clark Street, Butte, MT 59701, telephone 406-723-2500. See: <http://www.svhhc.org/body.cfm?id=52>

#### SCOTTSDALE, ARIZONA

- Dr. Scott E. Tropper, 7340 E Thomas Rd, Scottsdale AZ, Phone: 480-945-6896

- Dr. David Beyer, 8994 E. Desert Cove, Scottsdale, AZ, Phone 602-274-4484

**DECATUR, GEORGIA**

Dr. Frank Critz (preferred for Appointment), Radiotherapy Clinics of Georgia (RCoG), 2349 Lawrenceville Highway, Decatur, GA 30033, Tel: 404-320-1550/800-952-7687, Website: <http://www.rcog.net>, E-mail: [rcog@mindspring.com](mailto:rcog@mindspring.com)

**SEATTLE, WASHINGTON**

- Dr. Peter Grimm, Prostate Cancer Treatment Center, 9730 3<sup>rd</sup> Ave. NE, Suite 208, Seattle, WA 98115, website:

Website: <http://www.prostatecancertreatmentcenter.com/AboutUs/>

email: [peter@grimm.com](mailto:peter@grimm.com)

Curriculum Vitae/CV: <http://tinyurl.com/ckbeegx>

**SILVER SPRING, MARYLAND**

- Dr. Dan Clarke, Maryland Regional Cancer Care (MRCC), 2121 Medical Park Dr., Suite 4, Silver Spring, MD 20902, tel: 301-681-4422, email:

[dclarke@mrccnet.com](mailto:dclarke@mrccnet.com), website:

<http://www.marylandcancercare.com/silverspring.htm>

**DETROIT, MICHIGAN**

Jeffery Forman (Neutron Beam), Wayne State University, Detroit, MI,  
Tel: 313-745-2438

**SANTE FE, NEW MEXICO**

N. Calvin Han, St Vincent Regional Cancer Center, 455 Saint Michaels Dr, Santa Fe, NM 87505, (505) 820-5233

**WICHITA, KANSAS**

Dr. David Bryant, Via Christi Cancer Center, 817 N. Emporia St., Wichita, KS, telephone 316-268-5927 (also provides the CyberKnife radiation procedure)

Dr. Jon Anders, Via Christi Cancer Center, 817 N. Emporia St., Wichita, KS, telephone 316-268-5927 (also provides the CyberKnife radiation procedure)

Dr. Grant Rine, Wichita Radiological Group, 550 N. Hillside, Wichita, Kansas, telephone 316-962-2920

[http://www.wichitaradgroup.com/physicians-bios\\_WRG.html#Rine](http://www.wichitaradgroup.com/physicians-bios_WRG.html#Rine)

## AUSTRALIA

Dr. Assoc. Professor Phillip Stricker  
St. Vincent's Clinic, Suite 905, Level 9  
438 Victoria Street  
New South Wales, Australia  
Phone: (02)8382 6971

Dr. David Joseph  
Sir Charles Gairdner Hospital  
F Block Hospital Avenue  
Nedlands, Western Australia 6009  
Tel: (08) 9346-4900  
Website: <http://tinyurl.com/abknddp>

Mr John Stanley MBBS, FRCS (Ed), FRCS (Urol)  
Hollywood Specialist Centre  
Suite 28, Level 1, 95 Monash Ave  
Nedlands, Western Australia 6009  
Tel: (08) 9389-6711

## LONDON, ENGLAND

Dr Robert Laing  
Royal Surrey County Hospital NHS Foundation Trust  
Egerton Road  
Guildford, Surrey  
GU2 7XX  
Tel: 01483 571122 ext 6825  
Sec: Kerry Ashley

**NOTE:** When being scheduled for brachytherapy seed implant with any physician, ascertain if stranded-seeds or loose seeds are being implanted. With stranded-seeds there is less chance of seed migration. Seed migration can result in ineffective radiation therapy with missed tumors remaining active as well as damage to adjoining tissue. See:

<http://www.medscapecrm.net/medline/abstract/17434106>

### **BRACHYTHERAPY HIGH DOSE RATE (HDR)**

Dr. Peter Grimm, Dr. Stephen Eulau, Dr. Timothy Mate, Seattle Cancer Institute, 1101 Madison, Suite 1101, Seattle, WA 98104, tel: 206-215-2480 <http://www.seattleprostateinst.com:80/>

### **PROTON BEAM THERAPY:**

Loma Linda University Medical Center, Loma Linda, California

<http://www.protons.com/index.html>. Though there are five other sites now offering Proton Beam Therapy, the Loma Linda location is the most experienced. (Dept. of Radiation Medicine, Loma Linda University Medical Center, 11234 Anderson Street, Loma Linda, CA 92354, Tel: 877-558-6248 Physicians Dr. Carl J. Rossi, Dr. Ben R. Jabola. Dr. David A. Bush.

The other five are M.D. Anderson in Houston, University of Indiana in Bloomington, Massachusetts General in Boston, University of Florida Shands in Jacksonville, and University of Pennsylvania in Philadelphia (installation began in the new Roberts Proton Therapy Center in January 2008).

(For a patient's perspective regarding Proton Beam Therapy contact advocate Fuller Jones at [cnjsjones@yahoo.com](mailto:cnjsjones@yahoo.com) and Herb Klein at [kleinha@comcast.net](mailto:kleinha@comcast.net)).

Fuller Jones also moderates a new website specifically to address questions regarding Proton Beam Therapy. Click on

<http://health.groups.yahoo.com/group/protoninfo/> to register on that site.

**NOTE:** A request to [seedpods@prostatepointers.com](mailto:seedpods@prostatepointers.com) or [ebrrt@prostatepointers.com](mailto:ebrrt@prostatepointers.com) or [prostatecancersupport@yahoogroups.com](mailto:prostatecancersupport@yahoogroups.com) for patient experiences with urologists/radiation oncologists would likely find other patients who will be glad to explain their experiences and provide the names of many more. You can also find patients remarks who have received these and other therapies at <http://www.yananow.net/Experiences.html>.

## **INCONTINENCE SPECIALISTS**

Dr. James A. Eastham, Memorial Sloan Kettering, 353 East 68th St., New York, NY 10065, Telephone 646-422-4390, Profile:

<http://www.mskcc.org/prg/prg/bios/617.cfm>

- Dr. Judd W. Moul, Professor and Chief, Division of Urologic Surgery, Duke University 919-684-5057, Durham, N.C., email [judd.moul@duke.edu](mailto:judd.moul@duke.edu) Website:

[http://www.dukehealth.org/physicians/judd\\_w\\_moul](http://www.dukehealth.org/physicians/judd_w_moul)

Dr. George D. Webster, Division of Urologic Surgery, Duke University 919-684-2516, Durham, N.C., (Known for expertise with difficult cases) Website:

[http://www.dukehealth.org/physicians/george\\_d\\_webster](http://www.dukehealth.org/physicians/george_d_webster)

Dr. Jack McAninch, University of California, San Francisco (UCSF)

<http://www.ucsfhealth.org/adult/cgi-bin/prd.cgi?action=DISPLAYDOCTOR&doctorid=811>

Appointments: (415) 476-3372

Dr. Niall Galloway, The Emory Health Clinic, Inc., Urology, 1365-B Clifton Rd., N.E., Atlanta, GA Tel: 404-778-4898

Robert J. Cornell, M.D., 1315 St. Joseph Parkway, Suite 1700, Houston, TX 77002, Telephone: 713-652-5011, Website: [www.urosurgeryhouston.com](http://www.urosurgeryhouston.com), Email: [drcornell@urosurgeryhouston.com](mailto:drcornell@urosurgeryhouston.com).

Dr. Rodney A. Appell, Baylor College of Medicine, The Scott Dept. of Urology, 6560 Fannin, Suite 2100, Houston, TX 713-798-4001

Dr. Gregory F. Byrd, Wichita Urology Group, 2626 N. Webb Road, Wichita, KS 67226,

Tel: 316-636-6100, Toll Free: 800-739-6870 [www.wichitaurology.com](http://www.wichitaurology.com)

Dr. Anthony Stone, UC Davis Medical Center, 4860 Y St. Ste. 2200, Sacramento, CA 95817, Tel: 916-734-2222, website:

<http://www.ucdmc.ucdavis.edu/urology/ourteam/biodetail.asp?bioid=187>

Dr. Elias “Jake” Jacobo, Urology Consultants, 515 West S.R. 434 Suite 302, Longwood, Florida 32750, Tel: Local 407-332-0777 or 1-800-776-8643, Email [jakeddoc@aol.com](mailto:jakeddoc@aol.com) [http://www.urologyorlando.com/cv\\_jacobo.shtml](http://www.urologyorlando.com/cv_jacobo.shtml)

## **ERECTILE DYSFUNCTION SPECIALISTS**

### **NEW YORK CITY**

John P. Mulhall, M.D., Memorial Sloan Kettering, NYC, NY. To learn more about this specialist including contact information for an appointment, please visit: <http://www.mskcc.org/prg/prg/bios/777.cfm>

### **BOSTON**

Dr. Ricardo Munarriz, Boston Medical Center, Center for Sexual Medicine, Shapiro Center, 3<sup>rd</sup> floor, Suite 3B, 725 Albany Street, Boston, MA 02118. Telephone 617-638-8476. Website: <http://tinyurl.com/8o2yukx>

### **LONGWOOD, FLORIDA**

Elias “Jake” Jacobo, M.D., Urology Consultants, 515 West S.R. 434 Suite 302, Longwood, Florida 32750, Tel: Local 407-332-0777 or 1-800-776-8643, Email [jakeddoc@aol.com](mailto:jakeddoc@aol.com) . It appears he takes appointments at several locations. See: [http://www.vitals.com/doctors/Dr\\_Elias\\_Jacobo/office-locations](http://www.vitals.com/doctors/Dr_Elias_Jacobo/office-locations)

### **GLENVIEW ILLINOIS**

Jeffrey Albaugh, PhD, APRN, CUCNS, Advanced Practice Urology Clinical Nurse Specialist Sexual Health Program, NorthShore University Medical Group Urology, Glenbrook Hospital South Medical Building, 2100 Pringsten Road, Suite 128, Glenview, IL 60026, telephone: 847-657-5730, Email: [jalbaugh@northshore.org](mailto:jalbaugh@northshore.org)  
Background: <http://www.northshore.org/urology/conditions/sexual-health-and-rehabilitation/>

**CHICAGO, ILLINOIS**

Laurence A. Levine, M.D., Urology Specialists, S.C., 1725 W. Harrison St., Suite 352, Chicago, Illinois 60612, Tel: 1-312-563-5000, Email: [drlevine@hotmail.com](mailto:drlevine@hotmail.com).

**MADISON, WISCONSIN**

David R. Paolone, M.D., Assistant Professor of Urology, One South Park Street, Madison, WI 53715, Tel: 608-287-2900, email: [david.paolone@uwmf.wisc.edu](mailto:david.paolone@uwmf.wisc.edu)

**HOUSTON, TEXAS**

Mohit Khera, M.D., M.B.A., M.P.H. Baylor College of Medicine, [The Scott Department of Urology](#) 6620 Main St., Suite 1325, Houston, Texas 77030, Phone: 713-798-4001, eMail contact: <http://tinyurl.com/b8g62l3>

Robert J. Cornell, M.D., 1315 St. Joseph Parkway, Suite 1700, Houston, TX 77002, Telephone: 713-652-5011, Website: [www.urosurgeryhouston.com](http://www.urosurgeryhouston.com), Email: [drcornell@urosurgeryhouston.com](mailto:drcornell@urosurgeryhouston.com).

Run Wang, M.D., Director of Sexual Medicine, Department of Urology, University of Texas MD Anderson Cancer Center, and Associate Professor of Surgery (Urology), University of Texas Medical School at Houston. Address 6431 Fannin, MSB 4.020, Houston, TX 77030, Telephone 713-500-7337, For Appointment: 832-325-7280 Email: [Run.Wang@uth.tmc.edu](mailto:Run.Wang@uth.tmc.edu), Info: <http://www.uth.tmc.edu/urology/faculty/wangcv.html>

**SAN FRANCISCO**

Tom F. Lue, M.D., Professor and Vice Chair, Urology, Emil Tanagho Endowed Chair in Clinical Urology, UCSF Medical Center, 400 Parnassus Avenue, Suite A-610, San Francisco, CA 9413-0330, Telephone 415/353-2200, Email: [tlue@urology.ucsf.edu](mailto:tlue@urology.ucsf.edu)

**SAN DIEGO, CALIFORNIA**

Irwin Goldstein, MD, with Sexual Therapist Rose Hartzell, [PhD](#), San Diego Sexual Medicine, 5555 Reservoir Drive, Suite 300, San Diego, CA 92120, phone: (619) 265-8865, email: [information@sdsu.info](mailto:information@sdsu.info) website: <http://www.sandiegosexualmedicine.com/>

## ACTIVE SURVEILLANCE

See: <http://tinyurl.com/3r7mm8m>

## **ANDROGEN DEPRIVATION THERAPY (ADT)**

From my personal experience as well as research and study regarding androgen deprivation therapy (ADT) prescribing an LHRH agonist (Lupron, Eligard, Trelstar, Zoladex) or antagonist (Firmagon/degarelix); an antiandrogen (bicalutamide/Casodex, flutamide/Eulexin, or nilutamide/Nilandron; and a 5Alpha Reductase (5AR) inhibitor (dutasteride/Avodart or finasteride/Proscar) when required for recurring disease or advanced prostate cancer when ADT becomes the required therapy, see <http://tinyurl.com/3ulagd2> and <http://tinyurl.com/74bkzam>.

## **ALTERNATIVELY, TRANSDERMAL ESTRADIOL THERAPY**

For treatment with transdermal estradiol patches or gels (TDE), likely the physician in the USA with the most experience in research and treatment with this protocol is Tomasz M. Beer, M.D., Professor of Medicine, Division of Hematology & Medical Oncology at Oregon Health & Science University in Portland, Oregon. Contact information here:

<http://www.ohsu.edu/xd/health/services/providers/beert.cfm?searchResult=yes>

If interested in discussing this protocol with a PC patient who has researched and studied estradiol therapy, contact Richard Wassersug, PhD, at [richard.wassersug@ubc.ca](mailto:richard.wassersug@ubc.ca). Professor Wassersug provided these comments: “The case for transdermal estradiol is well stated in:

**See:**

**Norman G, Dean ME, Langley RE, Hodges ZC, Ritchie G, Parmar MK, Sydes MR, Abel P, Eastwood AJ. 2008. Parenteral oestrogen in the treatment of prostate cancer: a systematic review. Br J Cancer. 2008 98(4):697-707.**

*I have been on this treatment for more than ten years. I like the fact that I don't have to worry about osteoporosis. I don't have hot flashes. I have better quality sleep than I ever had during the years I was on Lupron. Furthermore I retain some libido and the ability to have orgasms. Lastly, according to several studies, estradiol may be cognitively protective.*

*As a scientist though, I was not completely happy with N=1 data. Also I needed to convince myself that my positive reaction to estradiol for ADT wasn't simply a placebo effect. It took me close to a decade to get the funding for the basic research needed to confirm several of the benefits of estradiol for ADT. With the*

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*help of my graduate student Erik Wibowo, we have now established in a rat model the estradiol in androgen-deprived males improves sleep quality and indeed reduces daytime fatigue. Although we didn't test it, better sleep reduces the risk of cognitive impairment. We also have circumstantial evidence to support the idea that estrogens can help raise libido above castrate levels. Here are supporting references:*

Wibowo, E & RJ Wassersug 2013 The effect of estrogen on the sexual interest of castrated males: implications to prostate cancer patients on androgen-deprivation therapy. Critic. Rev. Oncol/Hematol. (29 ms. pp.) [Epub ahead of print]

Wibowo, E, S Deurveilher, RJ Wassersug & K Semba 2012 Estradiol treatment modulates spontaneous sleep and sleep recovery after sleep deprivation in castrated male rats. Behav. Brain Res., **226**:456-464.

Wibowo, E, P Schellhammer & RJ Wassersug 2011 Role of estrogen in normal male function: Clinical implications for patients with prostate cancer on androgen deprivation therapy. J. Urol., 185:17-23.

*I personally favor the gel product EstroGel, over any of the patches as it is easier to manage. I have used both and have found that titrating the dose is easier with the gel than the patches."*

*It should be acknowledged, though, that estrogen treatment (including transdermal estradiol) may not be advisable for patients with a family history of estrogen sensitive breast cancer nor a personal history of deep vein thrombosis or pulmonary emboli. It is also contraindicated in patients whose prostate cancer is androgen independent (i.e., castrate resistant). Finally a case against transdermal estradiol for ADT is that it reduces the financial reward to the pharmaceutical and medical industry, since androgen suppression achieved with transdermal estradiol is generally much cheaper than with LHRH drugs. This may not be a concern for patients, but it might be for their physicians. In any case, I am not an MD and patients should only go on estradiol with MD supervision.*

*I encourage other patients to talk over the transdermal estradiol option with their MD. Physicians are welcome to contact me for more information.*

To read patient perspectives who have opted for ADT, visit Terry Herbert's <http://www.yananow.net/Experiences.html>)

## **COLOR DOPPLER ULTRASOUND:**

Dr. Duke K. Bahn (<http://www.pioa.org/bahn.html>) Medical Director, Department of Radiology, Prostate Institute of America, Community Memorial Hospital of San Buenaventura 168 N. Brent Street, Suite 402, Ventura, CA 93003 Tel: Toll Free 888-234-0004, 805-585-3082. Fax: 805-641-3965 **Email:** [dkbahn@cmhhospital.org](mailto:dkbahn@cmhhospital.org). TAKE NOTE: Dr. Bahn no longer accepts health insurance for his treatment. He made note that his is not a “volume” practice because he wants to spend more individual time with patients to insure their appropriate care. In so doing, health insurers are not providing sufficient compensation for the time he spends with patients. His choice was to close and retire, or continue to provide his services at a very reasonable fee and will consider negotiating his fees with those who can document financial hardship. Though patients will pay for his services, they can submit his payment receipt to their private health insurers for possible personal reimbursement. Medicare patients will NOT be able to submit bills to Medicare for reimbursement.

Dr. Katsuto Shinohara, 1600 Divisadero St., 3<sup>rd</sup> floor, UCSF, San Francisco, CA 94115, 415-353-7171, [kshinohara@urol.ucsf.edu](mailto:kshinohara@urol.ucsf.edu), assistant Mary 415-353-9877

John Kurhanewicz, PhD, Associate Professor of Radiology, UCSF, Director of the Prostate Imaging Group and Biomedical NMR Lab, China Basin Molecular and Functional Imaging Center, Dept. of Radiology, 185 Berry Street Suite 377, San Francisco, California Tel: 415-353-9410, email [johnk@cash.ucsf.edu](mailto:johnk@cash.ucsf.edu). For scheduling contact Chris Soto 415-353-9452, email [Christopher.sotto@radiology.ucsf.edu](mailto:Christopher.sotto@radiology.ucsf.edu).

Dr. Gary Onik, Medical Director, The Center for Recurrent Prostate Cancer, Biscayne Medical Arts Building, 21110 Biscayne Boulevard, Aventura, Florida 33180, website <http://prostatecancer2.com/page12.php>, personal info: <http://prostatecancer2.com/page2.php>. I had a recent conversation with Dr. Onik and he sees targeted/focal Cryotherapy the primary option for failed radiation as well as for treatment to specifically identified tumor development in the prostate gland. Dr. Onik’s services are carried out similar to that of Dr. Bahn.

## **PATHOLOGY:**

### Importance of Expert Pathology Opinion:

Despite the fact that the Gleason score might NOT change after an expert review, the reality is that more often it does. However, the issue is who did the first review. There are talented pathologists who are focused on prostate cancer and also two national labs who are focused on PC as well.

The Gleason score is a critical item; it is used as a variable in virtually every prognostic and treatment algorithm. An accurate GS mandates an expert pathology opinion from a PC pathology expert. The ones that I am most familiar with include:

A second opinion on the microscopic pathology is usually covered by insurance but if not, runs about \$500 pending on what is done. A copy of the original pathology report with the actual slides or recuts from the tissue block are sent to the outside reviewer. Your primary care doctor or you can initiate such a 2nd opinion but you need to request this and ask for a specific physician or lab to be used.

### **Bostwick Laboratories/ Pathologist David Bostwick**

**Virginia - Corporate Headquarters** 4355 Innslake Drive, Glen Allen, VA 23060  
Phone: 1-877-865-3262

<https://www.bostwicklaboratories.com/>

(IMPORTANT: when samples are sent in, they should be accompanied by a request that ONLY Dr. Bostwick perform the review. He now has many associates and their expertise is unknown)

Jon Epstein (Dr. Epstein does not do ploidy analysis) <http://tinyurl.com/oha29qm>  
The Johns Hopkins Hospital, Department of Pathology 401 N Broadway Weinberg Building, Rm 2242, Baltimore, MD 21231 Tel:(410) 955-5043 Fax: (410) 955-0115 E-mail:[jepstein@jhmi.edu](mailto:jepstein@jhmi.edu)

**Kristin Galan, M.D.**, *Department of Pathology, Via Christi Clinic, PA, Founders' Circle 1947 Founders' Circle, Wichita, KS 67206, Telephone: 316-613-4627, Fax: 316-613-4628.* Dr. Galan does not consider herself a “specialist” regarding prostate cancer, however, she trained under Dr. Epstein and should she find anything unusual during a pathologic examination of the prostate gland, tissue samples, or associated organs, she consults with Dr. Epstein. With that awareness, I consider Dr. Galan reasonably qualified to include her in my listing.

<https://www.viachristi.org/doctor/kristin-galan-md>

David Grignon, Centennial Professor of Pathology, Vice Chair for Clinical Programs, Indiana University School of Medicine, Clarion Pathology Laboratory, 350 West Eleventh St. Room 6014, Indianapolis, IN 46202 317-491-6635

<http://pathology.iupui.edu/faculty/david-j-grignon-md-frcp-c/>

Jon Oppenheimer, Owner and Chief Pathologist, Oppenheimer Urologic Reference Lab (OURLab), 1450 Elm Hill Pike, Nashville, Tennessee 37210, telephone 888-868-7522, Email: [JPathologist@gmail.com](mailto:JPathologist@gmail.com).

M. Scott Lucia, Director, Prostate Diagnostic Laboratory, Co-Director, Prostate Cancer Research Laboratories, University of Colorado, Denver – School of Medicine at Fitzsimons Dept. of Pathology, 303-724-3470 E-mail:

[Scott.Lucia@uchsc.edu](mailto:Scott.Lucia@uchsc.edu)

Western Australia: Ronald J. Cohen 61 8 9386 9888 [ronnie@uropath.com.au](mailto:ronnie@uropath.com.au)

Berlin, Germany: Professor Dr.Med. Helmut Bonkhoff , Pathology Laboratories, Großbeerenstrasse 12, D-12209, Berlin, Germany; Telephone +49-30-8431-7882, Email: [info@prostapath.de](mailto:info@prostapath.de), website: [www.prostapath.de](http://www.prostapath.de). Medical Oncologist Stephen Strum highly recommends this pathologist because of his special expertise. It is unlikely insurance from other than Germany will cover the cost. His pathology report includes Ploidy analysis. For additional cost or as a separate pathology request, he provides a comprehensive full Immunohistochemistry (IHC) panel that includes 20 immunohistochemical markers to predict relapse and tumor progression (prognostic factors), and other markers predicting response or resistance to a specific therapy. Further information on these markers can be

found on his website as can the appropriate form to be provided your local laboratory requesting the biopsy tissue samples be sent to Dr. Bonkhoff. Cost for his services can be determined by contacting Dr. Bonkhoff as the email address above. He accepts payment either by PayPal or check, and only after the pathology report is complete.

### **LIVER METASTASES DUE TO PROSTATE CANCER?**

Dr. Charles Nutting & Colleague Dr. Elizabeth Brooke Spencer, RIA  
Endovascular, 8200 E. Belleville Drive, Suite 600E, Greenwood Village, CO  
80111, Phone: (720) 493-3406, <http://www.riaendovascular.com/> About:  
<http://tinyurl.com/k8psjks>

### **MEDICAL/CLINICAL ONCOLOGISTS/ADVANCED PROSTATE CANCER:**

Prostate Cancer patients may make requests regarding their status by subscribing to the Us TOO p2p (Physician To Patient) mailing list on which Medical Oncologist Stephen Strum has been the only physician providing regular, free, and extremely valuable responses to patient concerns.

(We would hope that other Medical Oncologists would volunteer some of their time to assist Dr. Strum with this important service).

Pertinent guidelines to subscribe:

The purpose of the p2p mailing list is to provide the prostate cancer patient or other interested parties with information from physicians about the treatment of prostate cancer. This is a moderated list without the high volume normally associated with mailing lists or the frequent off-topic questions. To subscribe, go to:

<http://www.prostatepointers.org/mailman/listinfo/p2p>

### **IMPORTANT:**

Every message sent to p2p must contain a Prostate Cancer Digest. Instructions for preparing your digest are in the first issue of PCRI Insights, which you can get in

pdf format here:

<http://www.prostate-cancer.org/resource/insights.html>

The same instructions are also available as a webpage:

<http://www.prostatepointers.org/p2p/pcd.html>

Medical Oncologists who are considered at a special level of expertise specifically in research and treatment of recurring and advanced prostate cancer usually require travel for an appointment and evaluation as to what has been done and what could/should be done next. Often, once a protocol is determined, these Medical Oncologists will call/contact the patient's oncologist to perform periodic diagnostics to make sure the protocol is working. Sometimes local Medical Oncologists are willing to collaborate with these experts, other times their ego gets the best of them and they refuse to listen to someone with likely much more expertise when it comes to the treatment of recurring or advanced prostate cancer.

To the Northwest:

#### SEATTLE

Celestia S.Higano, Associate Professor, Department of Medicine, Division of Oncology, Seattle Cancer Alliance/University of Washington (206) 288-7222.

#### OREGON

Stephen B. Strum, Ashland, Oregon, does not accept insurance and rather requires a fee for consultation services, thus patients seeking his personal counsel should be financially able. However, the expertise of this renowned Medical Oncologist is well known as the result of the invaluable guidance he has voluntarily provided for many years to patients on the Us TOO Physician-to-Patient (p2p) prostate cancer support list, books and papers he has authored or in which he has collaborated, and presentations he has made at national and international conferences on prostate cancer. Although Dr. Strum had retired from consultation practice at the end of 2011 in order to do special research and author new papers regarding prostate cancer, he is again (2013) accepting limited patients. You can arrange an appointment with Dr. Strum by contacting his wife, Miwha Strum, at [miwha@sbstgrum.com](mailto:miwha@sbstgrum.com) or call her at 541-702-2395. Miwha will provide you advance information regarding Dr. Strum's Rules of Engagement and Strum

Medical Form (SMF) that will give you an idea of how comprehensive Dr. Strum will be in documenting your care. He requires competency and concern of each individual under his care and returns the same. People have questioned why some physician specialists have moved from health insurance acceptance to fee-for-service – let me explain - health insurers no longer compensate for the amount of personal time in which these physician specialists provide direct and comprehensive attention to their patients, so these specialists have had to resort to fee-for-service; don't be surprised if we see many more physician specialists moving to fee-for-service in view of limitations being considered in health insurance coverage. Dr. Strum's reasonable fee is \$400.00 per hour and after the initial two hour consultation, accumulation of the patient's entire health history, and development of a comprehensive strategy of treatment, he provides actual time in minutes spent each time he updates the patient's SMF so the patient is aware of billing charges. Consider that a usual appointment with a Medical Oncologist (and more often than not, one who does not "specialize specifically in prostate cancer") with the appointment usually lasting no more than 15 minutes with billing around likely more than \$125.00 for that 15 minutes, the cost for most any "generalist" Medical Oncologist could actually add up to around \$500.00 if provided an hour of specific attention, though you are unlikely to get such attention. The cost of Dr. Strum's fee-for-service is better described in an exchange between the famous artist "Whistler" who was once asked by John Ruskin: "For two days labour, you ask two hundred guineas?" Whistler replied: "No, I ask for the knowledge of a lifetime." Dr. Strum's "specializing specifically in prostate cancer" goes back to 1983 – certainly a physician with "knowledge of a lifetime" in specific prostate cancer research, study, and treatment.

Ralph Weinstein, Rose Quarter Cancer Center, 265 N. Broadway, Portland, Oregon (Associated with Northwest Cancer Specialists) Tel: 503-280-1223  
[http://www.nwcancer.com/rose\\_quarter\\_map.php](http://www.nwcancer.com/rose_quarter_map.php)

Tomasz Beer. Oregon Health & Science University Cancer Care Center, Center for Health & Healing, Portland, Oregon, 503-494-6594 (Principal researcher of transdermal estradiol/TDE). Contact info:  
<http://www.ohsu.edu/xd/health/services/providers/beert.cfm?searchResult=yes>

To the West:

### **LAS VEGAS, NEVADA**

-Nicholas J. Vogelzang MD

Comprehensive Cancer Centers of Nevada & US Oncology Research

Vice Chair SWOG GU comm

3730 S. Eastern Avenue

Las Vegas, NV 89169

702.952.3400

<http://www.cccnevada.com/doctor/nicholas-vogelzang-md/>

### **CALIFORNIA**

Mark Scholz, 4676 Admiralty Way, Suite 101, Marina del Rey, California

<http://www.prostateoncology.com> (310) 827-7707 [mark@prostateoncology.com](mailto:mark@prostateoncology.com)

Richard Lam, 4676 Admiralty Way, Suite 101, Marina del Rey, California

<http://www.prostateoncology.com> (310) 827-7707 [richard@prostateoncology.com](mailto:richard@prostateoncology.com)

(Mark Scholz and Richard Lam are partners in Prostate Oncology Specialists, Inc.)

Bob Leibowitz and Shahrooz Eshaghian, Los Angeles, California, Compassionate Oncology Medical Group, 2080 Century Park E, Suite 1005, Los Angeles, CA

90067-2009, Tel: 310-229-3555, email: [info@compassionateoncology.org](mailto:info@compassionateoncology.org),

Website: [www.compassionateoncology.org](http://www.compassionateoncology.org)

Tanya B. Dorff, USC Norris Comprehensive Cancer Center and Hospital

1441 Eastlake Avenue, Los Angeles, CA 90033, **Phone:** 1-800-700-3956

Times New Roman

David Ian Quinn, M.B.B.S., Ph.D., F.R.A.C.P., is the Medical Director of the Norris Cancer Hospital; Co-Leader of the Genitourinary Cancers Program for the USC Norris Comprehensive Cancer Center; Head, section of Genitourinary Medical Oncology; and Associate Professor of Medicine in the Division of Cancer Medicine and Blood Diseases, Keck School of Medicine 1441 Eastlake Avenue, Suite 3451, Los Angeles, CA 90033 Phone: (323) 865 3956.

<http://uscnorriscancer.usc.edu/about/programleaders/quinn.html>

Glenn Tisman, Whittier, CA (East of LA) Tel: 562-789-8822 Email:

[gtisman@doctisman.com](mailto:gtisman@doctisman.com)

Eric Small is co-director of the Urologic Cancer Service and director of Urologic Oncology Research. Though a Urological Oncologist, Dr. Small has deeply involved himself in research regarding the oncological aspects of prostate cancer. Contact info: 1600 Divisadero St., Third Floor, San Francisco, CA 94115, Phone: (415) 353-7171, <http://www.ucsfhealth.org/eric.small>

### In the Midwest

#### ST. LOUIS PARK, MINNESOTA (Minneapolis area)

Mark Wilkowske, Fraumshuh Cancer Center, 3931 Louisiana Ave., S., St. Louis Park, MN 55426 Phone: 952-993-3248

<http://www.parknicollet.com/bios/wilkowske-a-mark>

#### MICHIGAN

Maha Hussain, U-M Comprehensive Cancer Center, 1500 E. Medical Center Drive, CCGC 6-303, Ann Arbor, MI 48109-0944, Tel: 734-647-8903

#### MILWAUKEE, WISCONSIN

-Kathryn Bylow, M.D. 9200 West Wisconsin Avenue, Milwaukee, WI 53226, Telephone: 414-805-4600,

<http://www.mcw.edu/neoplasticdiseases/facutly/kathrynbylow.htm>

#### ILLINOIS

John Visconti, Oncology Ltd., 33 Bronze Pointe, Suite 150, Belleville, IL 62226 618-233-8000

[JVisconti@illinoisoncology.com](mailto:JVisconti@illinoisoncology.com)

### In the Mid-Central:

#### KANSAS

Bassam Mattar, Cancer Center of Kansas (CCK), Associate Clinical Professor, Program Director of Bone Marrow Transplant, University of Kansas School of Medicine - Wichita, Wichita, Kansas, Heritage Plaza Medical Building 818 N. Emporia, #403, Wichita, KS 67214, (316) 262-4467

<http://doctor.medscape.com/bassammattarmd>

<http://www.cancercenterofkansas.com/Doctors/BassamMa.htm>

My comment: Dr. Mattar has been my Medical Oncologist since 2001. He is a caring physician who will listen as well as address any concerns. He has shown a special interest in Prostate Cancer and its appropriate treatment when evidencing advanced, high grade, or recurring disease.

### **OMAHA, Nebraska**

Luke T. Nordquist, M.D., FACP, Medical Director, Urology Cancer Center & GU Research Network, 17607 Gold Plaza, Omaha, NE 68130, Phone Office 402-991-8468, website: [www.gucancer.com](http://www.gucancer.com) email: [drnordquist@gucancer.com](mailto:drnordquist@gucancer.com)

### **To the South and Southwest:**

#### **TEXAS**

Beth Hellerstedt, Texas Oncology, Austin, TX (512) 302-1771, (proponent of ADT3 when required) email: [beth.hellerstedt@usoncology.com](mailto:beth.hellerstedt@usoncology.com)

Christopher Logothetis, University of Texas M. D. Anderson Cancer Center, Dept. of GU Medical Oncology, 1515 Holcombe Blvd., Houston, Texas Tel: 713-745-7020. A patient must be referred to him at the foregoing number with details as to the patient's status, this information will be passed on to Dr. Logothetis for his review and consideration as to approving an appointment with the new patient. Patients can otherwise make appointments with other Medical Oncologists at M.D. Anderson.

Robert Amato, 6560 Fannin St # 2050, Houston, TX 77030-2783, Tel: (713) 441-7930, email [robert.amato@uth.tmc.edu](mailto:robert.amato@uth.tmc.edu)

Thomas Hutson, D.O., Pharm. D, Texas Oncology-Baylor Charles A. Sammons Cancer Center, 3410 Worth Street, Suite 400, 4<sup>th</sup> floor, Dallas, TX 75246, Telephone: 214-370-1000, webpage: [http://www.texasoncology.com/doctors/Thomas\\_Hutson/](http://www.texasoncology.com/doctors/Thomas_Hutson/)

#### **ARIZONA**

Frederick Ahmann, M.D., Arizona Cancer Center, University of Arizona, 1515 N. Campbell Ave., Tucson, AZ 85724, telephone (520) 626-8096, email: [rahmann@azcc.arizona.edu](mailto:rahmann@azcc.arizona.edu), website:

<http://azcc.arizona.edu/profile/frederick-ahmann>

### NEW ORLEANS

Oliver Sartor, Professor of Medicine and Urology, Tulane Medical School, 1430 Tulane Ave., New Orleans, LA 70112, 504-988-2750, fax 504-988-5059, email [osartor@tulane.edu](mailto:osartor@tulane.edu). Internet:

<https://tulane.edu/som/departments/urology/sartor.cfm> As you will read, Dr. Sartor is one of our top specialists in research who has been involved in specific studies of the newer medications coming down the line and who has dedicated much of his experience and expertise to, specifically, Prostate Cancer.

To the Northeast:

### NEW HAVEN, CONNECTICUT/YALE

Daniel Petrylak, M.D. Yale Cancer Center, Smilow Cancer Hospital at Yale – New haven, 20 York Street, New Haven, Connecticut 06510, Appointment phone (203) 200-4822, Office phone (203) 785-4095. Email

[daniel.petrylak@yale.edu](mailto:daniel.petrylak@yale.edu) See:

<http://talkaboutthehealth.com/DanielPetrylakMD>

To the Central East:

### NEW YORK

Howard Scher, Memorial Sloan Kettering Cancer Center, New York City <http://www.mskcc.org/cancer-care/doctor/howard-scher> where background of expertise and appointment info provided.

Dan Costin, Westchester Institute for Treatment of Cancer & Blood Disorders, 2 Longview Avenue, White Plains, NY 10601 (914) 684-2779 email [dancostin@witcbd.net](mailto:dancostin@witcbd.net)

### NEW JERSEY

Robert S. DiPaola, M.D., New Jersey University of Medicine, Robert Wood Johnson Medical School, 195 Little Albacy St., Suite 2038, New Brunswick, NJ 08903, telephone 732-235-2465, fax 732-235-7355 [dipaolrs@umdnj.edu](mailto:dipaolrs@umdnj.edu) stats: [http://rwjms.umdnj.edu/news\\_publications/news\\_release/2008\\_releases/090908\\_CINJ\\_DiPaola.html](http://rwjms.umdnj.edu/news_publications/news_release/2008_releases/090908_CINJ_DiPaola.html) or try <http://tinyurl.com/nfkwmmb>.

BOSTON

Beth Israel Deaconess Medical Center

Glenn J. Bubley, M.D., Director, Genitourinary Oncology, , 330 Brookline Ave., Boston, Massachusetts 02215, specializing in prostate cancer. See <http://www.zoominfo.com/p/Glenn-Bubley/14006638> for background info, See: [http://services.bidmc.org/Find\\_a\\_doc/doc\\_detail.asp?sid=41414644424043](http://services.bidmc.org/Find_a_doc/doc_detail.asp?sid=41414644424043) for contact information.

I have never received three or more recommendations from patients or mention from other Medical Oncologists for the following, so have no idea of the expertise regarding prostate cancer of the following Medical Oncologists at the Dana-Farber Cancer Institute or the Medical Oncologists at Massachusetts General Hospital, so up to you after reading info about them if interested in an appointment:

Dana-Farber:

Mary-Ellen Taplin, M.D. (1 recommendation): <http://tinyurl.com/743b27x>

Philip Kantoff, M.D. (1 recommendation): <http://www.webmd.com/philip-kantoff>

Graeme Steel, M.D.: <http://tinyurl.com/7qespcc>

Julia Hayes, M.D.: <http://tinyurl.com/7avovnu>

Massachusetts General:

Matthew Smith, M.D. (2 recommendations):

<http://www.massgeneral.org/cancer/doctors/doctor.aspx?ID=17193>

Philip J. Saylor, M.D. (1 recommendation):

<http://www.massgeneral.org/doctors/doctor.aspx?id=18532>

If anyone reading this know of the expertise regarding prostate cancer of either or all of these Medical Oncologists, please let me know.

To the Southeast:

VIRGINIA

Charles E. "Snuffy" Myers (**Does not accept insurance and rather requires a very high fee for consultation services, thus patients seeking his personal counsel must be aware that they must be financially very well off**). American Institute of Disease of the Prostate & Foundation for Research and Education, P.O. Box 307, Free Union, VA 22940, 960 Bent Oaks Drive (Office), Earlysville, VA 22936, Tel: 434-964-0212 Email [drmyers@prostateforum.com](mailto:drmyers@prostateforum.com). Website: [www.prostateforum.com](http://www.prostateforum.com). Earlysville is unincorporated and not shown on most maps. When flying in for an appointment, Charlottesville, Virginia has the closest airport and from the airport, just a few miles from Earlysville. Charlottesville is home of Monticello and the University of Virginia. Wikipedia says Earlysville is 18 miles north of Charlottesville, so the airport is apparently somewhere in between. I understand that Dr. Myers has increased his fee schedule and patients considering contacting Dr. Myers for an appointment should be aware that they will receive the following from this Medical Oncologist: "Dr. Myers fees: The patient is responsible for charges incurred for all visits at the time of service. Consultation and physical exam - New Patient Visit - \$2,000 to \$3,000. This is determined at "check out". Follow Up Visit - \$1,100 to \$2,000. This is determined at "check out". If you are scheduled for an appointment and miss it, you will be charged anyway. If Dr. Myers is not available for whatever reason and you end up being seen by his nurse, his regular fee applies despite not being seen specifically by him. Keep all this in mind before scheduling an appointment.

**Unfortunately, recognizing the fees charged by Dr. Myers are beyond the financial means of most diagnosed with our insidious disease, his services appear only for the financially well off.**

Dr. Myers specializing specifically in prostate cancer goes back to 1996 when he and his wife produced the paper "Prostate Forum" and then more specifically in 2002 when he established the American Institute for Diseases of the Prostate. His medical background began in 1969 (see: <http://www.prostateforum.com/about-dr-myers.html>)

## NORTH CAROLINA

Dr. William R. Berry (himself a PC patient), Duke Cancer Center, 216 Ashville Ave., Cary, NC 27518-6676, telephone: (919) 854-6900 Office (919) 854-6991 Fax

### **BIRMINGHAM, ALABAMA**

Mansoor Saleh, M.D., Director, Phase I Program of the Comprehensive Cancer Center, Director, Phase I Clinical Program within the Clinical Center for Translational Science, Medical Director, UAB Clinical Trials Office  
1720 2nd Avenue South, WTI 260, Birmingham, AL 35294-3300, Phone: (205) 975-9025 Email: [mns@uab.edu](mailto:mns@uab.edu). For an appointment, call (205) 934-9999 or toll free 1 (800) UAB-8816.

<https://www.uab.edu/medicine/hemonc/faculty/mansoor-saleh-md> **Patient comment:** “He is an excellent doctor, willing to explain things for you. You will not feel rushed. He will answer all your questions for you.”

### **FLORIDA**

Maria Claudia Mallarino, M.D., Florida Cancer Specialists, 600 N. Cattleman Road #102, Sarasota, FL 34232, Telephone (941) 377-9993

Map of Sarasota Cattleman Road office and index for other info:

[http://www.flcancer.com/?action=office&city=Sarasota&id=Sarasota\\_Cattlemen](http://www.flcancer.com/?action=office&city=Sarasota&id=Sarasota_Cattlemen)

Note: Dr. Mallarino is aware of Dr. Charles E. “Snuffy” Myers protocol for treating recurring/advanced prostate cancer. She uses triple hormonal blockade, bisphosphonates, etc. She is also excellent with ketoconazole/hydrocortisone protocols and chemo protocols specific for prostate recurrence/refractory disease.

### **Abroad:**

#### **SINGAPORE:**

Steven Tucker, M.D., FACP, FAMS, Founder, Tucker Medical, Founder, Flip Health, Chief Medical Advisor, LumenLab - MetLife Innovation Center, website:

[www.TuckerMedical.com](http://www.TuckerMedical.com) email: [stucker@tuckermedical.com](mailto:stucker@tuckermedical.com) telephone

Singapore: +65 6659 6918

**ISRAEL:**

Avishai Sella, [avisella@netvision.net.il](mailto:avisella@netvision.net.il) (highly recommended by Arie Belldegrin, MD, FACS, Professor & Chief of Urologic Oncology, Roy and Carol Donmami Chair in Urologic Oncology, David Geffen School of Medicine at UCLA). Dr. Sella contact: P.O. Beer Yaacov, Zerifin, Tel Aviv, 70300 Israel  
Telephone: 972-8-977-9500 Fax: 972-8-977-9502 Email: [assaf@netguide.co.il](mailto:assaf@netguide.co.il)  
Website: <http://ahmc.netguide.co.il/> (I have no information as to his expertise in treating, specifically, advanced or recurring prostate cancer)

**AUSTRALIA/SYDNEY:**

Dr. Paul De Souza, BScMed, MBBS, MPH Syd, PhD UNSW, FRACP, University of New South Wales, Room G67 Morven Brown Building, Unswsydney, New South Wales 2052, Australia,  
Email: [P.DeSouza@uws.edu.au](mailto:P.DeSouza@uws.edu.au). Phone: (02) 9772 6836

**CANADA/Toronto:**

Ian Tannock, M.D., FRCPC, PhD, Professor of Medical Oncology, Princess Margaret Hospital, 610 University Ave., Toronto, ON M5G 2M9, Canada, telephone 1 416 946 2245, website:  
<http://www.uhnresearch.ca/researchers/profile.php?lookup=5941>  
Email: [ian.tannock@uhn.on.ca](mailto:ian.tannock@uhn.on.ca)

The following two urologists are listed here because of their involvement beyond urology in research and study of the treatment of prostate cancer at all levels of progression:

John Trachtenberg, Prof. Director Prostate Center, Princess Margaret Hospital, 610 University Ave. Toronto ONM5G2M9, Canada, telephone: 416-946-2100, Fax: 416-598-9997, Mobile: 416-473-3758 email: [john.trachtenberg@utoronto.ca](mailto:john.trachtenberg@utoronto.ca)

Neil Fleshner, M.D., Head, Division of Urology, Princess Margaret Hospital, 610 University Ave., Toronto ONM5G2M9, Canada, telephone: 416-946-4501, email: [neil.fleshner@utoronto.ca](mailto:neil.fleshner@utoronto.ca) or [neil.fleshner@uhn.on.ca](mailto:neil.fleshner@uhn.on.ca). Background: <http://www.aus-canprostatealliance.org/Members/Neil.Fleshner-40uhn.on.ca>

**GREAT BRITAIN:**

Professor R.T.D. Oliver, Consultant Medical Oncologist, Holly House Hospital, High Road, Buckhurst Hill, Essex, IG95HX, telephone 0845-257-8522, fax 020-8554-4895, email [u.d.somasundram@qmul.ac.uk](mailto:u.d.somasundram@qmul.ac.uk) , The London Clinic, 20 Devonshire Place, London W2G6BW

Dr. Rob Thomas, Consultant Clinical Oncologist and Director, The Macmillan Primrose Unit, Bedford Hospital South Wing, Kempston Road, Bedford MK42 2RJ, telephone 01234 355122.

(The Primrose Unit is a small NHS and private facility. It is a satellite clinic to the Oncology Department at Addenbrooke's Hospital in Cambridge, which is where radiotherapy treatment takes place and shares specialist staff with Addenbrooke's)

Professor Johann de Bono. Professor of Experimental Cancer Medicine at The Institute of Cancer Research and Consultant at The Royal Marsden Fulham Rd, London SW3 6JJ, United Kingdom **Phone:** +44 20 7352 8171  
<http://tinyurl.com/je62ggq>

**SCOTLAND**

Dr Robert J Jones

Senior Lecturer and Hon Consultant in Medical Oncology Beatson West of Scotland Cancer Centre

1053 Great Western Road,

Glasgow,

G12 0YN.

Telephone: 0141 301 7000

Website: <http://www.beatson.scot.nhs.uk/content/>

Directions: <http://www.beatson.scot.nhs.uk/content/default.asp?page=s15>

(Note: Patients require referral from their local treating physician.

The foregoing information is provided for that physician to arrange referral)

**NORTHERN IRELAND:**

Dr. Joe O'Sullivan, Queen's University Belfast Health Sciences Building, Centre for Cancer Research and Cell Biology, 97 Lisburn Road, Belfast, Northern Ireland,

Phone: +44 (0)28 9097 2793, email: [oe.osullivan@qub.ac.uk](mailto:oe.osullivan@qub.ac.uk). About Dr.

O'Sullivan: <http://tinyurl.com/ka7wnlb>

**GERMANY/BAVARIA:**

Frank Eichhorn  
Triftmeisterau 1  
Bad Reichenhall, Germany-Bavaria, 83435  
T: 0049 8651 4771 (Office)  
Email: [Frank.eichhorn@email.de](mailto:Frank.eichhorn@email.de)

**MUMBAI, INDIA**

Dr.Dilip Raja  
Dr. Raja's Urology & Andrology Centre  
404, Sagar Fortune,  
184, Waterfield Road,  
Bandra (W),  
Mumbai 400 050, India.  
Mobile(Mumbai): +91-98200 74649  
Mobile(Dubai): +971 50 279 79 83  
Tel.: +91-22-2645 2007  
+91-22-2645 2008  
Fax.: + 91-22-2645 2007  
[Email:dr@vsnl.com](mailto:dr@vsnl.com) /  
[drdilipraja@gmail.com](mailto:drdilipraja@gmail.com)  
Website: [www.dilipraja.com](http://www.dilipraja.com)

Though Dr.Raja's main facility is in Mumbai, India, it appears that he makes trips to provide treatment in Deira, Dubai at the Prime Healthcare Group LLC.

Contact info to find out when he is available in Deira is here:

[http://www.primehealth.ae/contact\\_info.aspx](http://www.primehealth.ae/contact_info.aspx) and info about him here:

<http://tinyurl.com/jwjgqcm>

**APOLLO HOSPITAL ONCOLOGISTS IN CHENNAI**  
**AND LIST OF ALL APOLLO HOSPITALS IN INDIA**

All oncology physicians at Apollo Hospital in Chennai:

<http://tinyurl.com/l6b5w76>

All Apollo Hospitals in India:

<http://www.apollohospitals.com/hospitals-in-india.php>

### **LIST OF HOSPITALS GENERAL AREA OF PUNE, INDIA**

[http://yellowpages.sulekha.com/medical-oncologists\\_pune\\_contacts](http://yellowpages.sulekha.com/medical-oncologists_pune_contacts)

Two Medical Oncologists in Pune:

<http://www.doctorscabin.com/12298-DrShailendraDate>

[http://www.rubyhallcancercentre.com/htmlsite/Medical\\_Oncology.asp?id=28](http://www.rubyhallcancercentre.com/htmlsite/Medical_Oncology.asp?id=28)

Listing of Oncologists in Pune

<http://www.indiacom.com/yellow-pages/doctors-cancer-oncologists-/Pune/>

I am sure there may be others, but the forgoing are those for whom I am either personally aware or have been provided promising reports by prostate cancer patients.

### **OTHER UROLOGIC SURGEONS/SPECIALISTS/ONCOLOGISTS:**

- E. David Crawford, University of Colorado Health Sciences Center, Aurora, Colorado, 1-720-848-0183 Administrative Assistant, 1-720-848-0195 Office; Email [David.Crawford@UCHSC.edu](mailto:David.Crawford@UCHSC.edu) Dr. Crawford is a nationally recognized expert in prostate cancer and is involved in extensive research regarding our disease. Also click on the below URL to learn much more about this expert in prostate cancer:

<http://www.edavidcrawford.com/drupal/>

-Israel Barken, Medical Director, Prostate Cancer Research and Education Foundation, 5520 Welesley St., Suite 103B, La Mesa, CA 91942 619-461-8181, Email [info@pcref.org](mailto:info@pcref.org) Website [www.pcref.org](http://www.pcref.org)

- Peter R. Carroll, Urologic cancer surgeon, UCSF

- Charles J. Ryan, Urologic cancer specialist, UCSF

- Katsuto Shinohara, Urologic cancer surgeon, UCSF
- Anthony V. D'Amico, Chair, Division of Genitourinary Radiation Oncology, Brigham and Women's Hospital, Boston, MA, tel: 617-975-0912
- Mark S. Soloway, M.D., Chairman, Department of Urology, University of Miami School of Medicine, (known as an artist re bladder cancer) 305-243-6596 [msoloway@miami.edu](mailto:msoloway@miami.edu) or [msoloway@mednet.miami.edu](mailto:msoloway@mednet.miami.edu)
- Martha K. Terris, Urologic Oncologist, Professor, Department of Surgery, Medical College of Georgia, Augusta, 706-721-3042 (will prescribe ADT w/5AR inhibitor if patient prefers)
- Stephenson, Robert A., Division of Urology, Rm 3B420, Univ. of Utah School of Med., 50 North Medical Drive, Salt Lake City, UT 84132-1001, PH: (801) 581-4705 [robert.stephenson@hsc.utah.edu](mailto:robert.stephenson@hsc.utah.edu)
- Allen Morey, Urology, Specialist in AdVance Male Sling for Incontinence, Aston Building, 5303 Harry Hines Blvd., 9<sup>th</sup> floor, Suite 110, Dallas, TX 75390, 214-645-8765.
- Dr. Michael Oefelein, Urologic Oncologist, Spokane, WA

**FRANCE:**

Dr Jean-Luc Puel, GP, 41 avenue du 24 aout, 11160 Rieux Minervois, Tel: 04 68 78 16 81, Email: [puel-jean-luc@orange.fr](mailto:puel-jean-luc@orange.fr)

**INTERNAL MEDICINE/GERIATRICS/FAMILY MEDICINE**

Dr. Val Brown, 1035 N. Emporia St. #280, Wichita, KS 67214-2939, telephone (316) 858-2000, email: [blessedmd@aol.com](mailto:blessedmd@aol.com). Dr. Brown has shown special interest in the importance of PSA accompanied by DRE when men reach age 40.

**PROSTASCINT/CT FUSION**

(May require a negative bone scan before being administered – See 18F-Fluoride PET/CT scan, below)

**ORLANDO, FLORIDA:**

Robert McDonald, M.D., MD Anderson Cancer Center, 1400 S. Orange Ave., MP 760, Orlando, FL 32806, Telephone (321) 841-5159. Involved in some of the original ProstaScint studies in the 1990s. Is Cytogen's over-reader for entire southeast U.S. for ProstaScint imaging. If unable to get to him, you can still request his reading of wherever you have ProstaScint imaging as a second opinion.

**IRVINE, CALIFORNIA:**

Sam Kipper, MD, Pacific Coast Imaging, 250 East Yale Loop, Suite A, Irvine, California 92604, Tel: 949-726-9500, [skipper@gmail.com](mailto:skipper@gmail.com)

**SACRAMENTO, CALIFORNIA:**

Michael Haseman, MD, Sutter General Hospital, 2800 L Street, Suite 10, Sacramento, California 95816, Tel: 916-646-8401, [RAHaseman@radiological.com](mailto:RAHaseman@radiological.com)

**CHICAGO, ILLINOIS:**

Michael Blend, MD, University of Illinois Hospital, Dept. of Nuclear Medicine, Office: M/C 931, 1740 W. Taylor St., Chicago, Illinois 60612-7233 Tel: 312-996-3970 or 312-996-3966 [mjblend@uic.edu](mailto:mjblend@uic.edu)

**18F-FLUORIDE PET/CT SCAN**

A bone scan with technetium 99 is not likely to show pathology at low level PSA, whereas 18F-Fluoride PET/CT has this capability. PET scanning in general (including FDG PET) and 18F-Fluoride PET are not to be confused with 18F-Fluoride PET/CT. The latter is the technique recommended for acquiring images and combining images to identify early developing bone metastases as well as scanning lymph nodes, and is available at only a few locations. Below are a few of which I am aware. This was info from a few years back, so likely many other facilities now have 18F-Fluoride PET/CT capability.

Molecular Imaging, Sarasota, Florida, arranged via Dattoli Cancer Center & Brachytherapy Research Institute, 2805 Fruitville Road, Sarasota, Florida 34237, 1-877-328-8654 [www.dattoli.com](http://www.dattoli.com)

Oregon Advanced Imaging (OAI), 881 O'Hare Parkway, Navigator's Landing, Medford, Oregon (next to Medford airport), Tel: 800-462-1098 or Tel: 541-608-0350 [inquiry@oaimaging.com](mailto:inquiry@oaimaging.com)

Andru C. Bageac, MD, Medical Director, Nuclear Medicine, Providence Portland Medical Center, BH01, 4805 N.E. Glisan St., Portland, Oregon 97213, Dept. Tel: 503-215-6196, Office Tel: 503-215-7015 [alexandru.bageac@providence.org](mailto:alexandru.bageac@providence.org)

**SPECIAL NOTE:** The last I was aware, Medicare does NOT yet approve the 18F-Fluoride PET/CT bone scan, therefore other insurers may follow suit. This may have changed, but patients should check to make sure.

Here is an interesting study:

<http://jnm.snmjournals.org/cgi/content/abstract/50/4/501>

**WEBSITE with treatment analysis by expert physicians regarding prostate cancer:**

Prostate Cancer Research Institute (PCRI) at [www.pcri.org](http://www.pcri.org) (index words “Newsletters” or “PCRI Papers”)

**NOTE:** It is advisable when making contact with any physician or facility that you discuss and determine if your insurance will be accepted for their services to have a better idea of what co-pays, if any, may be ultimately required.

It seems that everything these physicians recommend and the manner in which they perform comes from sound logic and extensive experience in their particular fields. I don't doubt that there are other physicians who could likely rank in the "expert" field, but I KNOW these belong there.

**TO LEARN MORE REGARDING EACH OF THE PHYSICIANS LISTED, YOU CAN GO TO THE INTERNET AND ENTER THEIR NAMES IN THE SEARCH BOX, ONCE ACCESSED YOU CAN FIND CONTACT INFORMATION FOR THOSE I HAVEN'T PROVIDED HEREIN. THE SAME APPLIES WHEN SEARCHING FOR PHYSICIANS AT SPECIFIC MEDICAL FACILITIES: ENTER THE FACILITY IN THE SEARCH BOX, AND ONCE ACCESSED YOU CAN USUALLY FIND INDEX WORDS TO THE PHYSICIANS AND SPECIALTIES AT THE FACILITY.**

**WEB-LINKS** (Just a few noted, since there are multitudes – no slight intended to other excellent sites)

My (Charles/Chuck Maack): [www.theprostateadvocate.com](http://www.theprostateadvocate.com)

Terry Herbert's [www.yananow.net](http://www.yananow.net)

A. Black's [www.palpable-prostate.blogspot.com](http://www.palpable-prostate.blogspot.com)  
[www.phoenix5.org](http://www.phoenix5.org)

Joel Nowak's [www.advancedprostatecancer.net](http://www.advancedprostatecancer.net)

Kathy Meade's [www.prostatecancerblog.org](http://www.prostatecancerblog.org)

Wichita, Kansas Chapter, Us TOO Intl., Inc. [www.ustoowichita.org](http://www.ustoowichita.org)

Prostate Cancer Networking Group of Greater Cincinnati (an excellent reference site)

<http://pcngcincinnati.org/links>

**www.ustoo.org** - Website for Us TOO Intl., Inc., Prostate Cancer Education and Support Network - supporting the largest chapter membership worldwide of prostate cancer patients, survivors, and caregivers who support them. They are the main headquarters for our Wichita, Kansas chapter.

**www.prostateoncology.com**

**www.prostatepointers.org**

**www.mdanderson.com**

**www.pcri.org** - Website for the Prostate Cancer Research Institute. This website is among the finest in providing up-to-date information relative to most all prostate cancer treatment options and is a MUST VISIT website for all prostate cancer patients and activists.

**www.capcure.org**

**www.lefprostate.org**

**www.americanbrachytherapy.org**

**www.prostateforum.com** - Website for Charles (Snuffy) Myers, M.D., a well known, respected, and acclaimed Medical Oncologist who specializes in Prostate Cancer. Dr. Myers is the Director, American Institute for Diseases of the Prostate (AIDP) and President, Foundation for Cancer Research and Education (FCRE).

**www.cancer.org**

**www.nafc.org**

**www.helpingpatients.org**

**www.cancernet.nci.nih.gov**

**www.laprp.com** - Website for Arnon Krongrad, M.D. of Aventura, Florida, internationally recognized authority on Prostate Cancer and pioneer of the wide application of Laparoscopic Radical Prostatectomy (LRP) in the United States. For questions regarding LRP, Dr. Krongrad or Ruth, his coordinator, can be personally reached by email at [info@krongrad-urology.com](mailto:info@krongrad-urology.com) or by telephone (305) 936-0474 fax (305) 936-0498

**www.advancinglife.net** (free medicine for those qualifying)

**[www.freemedicine.com](http://www.freemedicine.com)** (free medicine for those qualifying)

**[www.malecare.com](http://www.malecare.com)** - Malecare is committed to designing and implementing contextual, culturally competent and proactive men's health care services, where ever there is need. Barriers are to be broken and the underserved deserve action. Our work for prostate, testicular and male breast cancer patients is presented in English, Chinese, Spanish, Hebrew, French, Portuguese, Russian and Italian. Access is available for gay men to communicate their concerns with each other on these issues.

**[www.cancer.prostate-help.org/capilgr.htm](http://www.cancer.prostate-help.org/capilgr.htm)** - An excellent on-line resource for all Prostate Cancer patients to better understand our disease and the many options of therapy.

**[www.renewintimacy.org](http://www.renewintimacy.org)** - This is the website of Ralph and Barbara Alterowitz, authors of "Intimacy with Impotence - The Couple's Guide to Better Sex after Prostate Cancer" and "The Lovin' Ain't Over." Ralph and Barbara are certified sex therapists certified by the American Association of Sex Educators, Counselors, and Therapists (AASECT). Their books and presentations to groups have provided new understanding and improved relationships for couples everywhere.

**[www.dattoli.com](http://www.dattoli.com)** - Website for Michael Dattoli, M.D., Radiation Oncologist, well known and respected by the Prostate Cancer medical and patient community as a pioneer in the research and development of cancer therapies utilizing brachytherapy and IMRT (Intensity Modulated Radiation Therapy). He is the founder of the Dattoli Cancer Foundation and the Dattoli Cancer Center & Brachytherapy Research Institute located in Sarasota, FL.

**[www.cornellurology.com/uro/cornell/roboticprostatectomy](http://www.cornellurology.com/uro/cornell/roboticprostatectomy)** - Website for Ashutosh Tewari, M.D., Director Robotic Prostatectomy and Urologic Oncology Outcomes, Weil Cornell Medical Center - New York Presbyterian Hospital, New York, NY. Dr. Tewari is an internationally acclaimed expert on Robotic Prostatectomy and other minimally invasive robotic surgeries.

**[www.pcref.org](http://www.pcref.org)** - Website for Israel Barken, M.D., Urologic Oncologist who specialized in prostate cancer research and treatment for over twenty years. He currently serves as Chairman and Medical Director of his Prostate Cancer Research and Education Foundation (PCREF). He is available to provide individual counsel and also provides an "Ask Dr. Barken" weekly telephone call-in program. Please visit his website for further information.

**[www.prostate-cancer.org](http://www.prostate-cancer.org)** - (PCRI link to many sites regarding PC)

**[www.johnshopkinshealthalerts.com](http://www.johnshopkinshealthalerts.com)** - Johns Hopkins Medical Center prostate cancer health alerts

**[www.psa-rising.com](http://www.psa-rising.com)** - Excellent Prostate Cancer reference website developed by Jacqueline Strax in memory of her spouse, Norman Strax (1935-2002).

**[www.victoryinthevalley.com](http://www.victoryinthevalley.com)** - Victory in the Valley is one of Wichita's premier cancer support organizations for both patients and caregivers. They provide hope and help when it is needed most. As they note on their webpage: Our Mission: To accompany cancer patients and their families on their journey from fear and confusion to coping and confidence, and through emotional, spiritual and other support interventions, improve the quality of their lives and enhance the possibility of recovery.

**[www.healthopedia.com/prostate-cancer](http://www.healthopedia.com/prostate-cancer)** - Healthopedia.com, a medical and health consumer information resource containing comprehensive and unbiased information in patient-friendly language from trusted sources on over 1,500 health topics, 70 focussed health centers, and more than 11,000 drugs and medications.