

## CYSTOSCOPY NECESSARY, BUT OFTEN PROBLEMATIC

Compiled by Charles (Chuck) Maack – Prostate Cancer Advocate/Mentor

Disclaimer: Please recognize that I am not a Medical Doctor. I have been an avid student researching and studying prostate cancer as a survivor and continuing patient since 1992. I have dedicated my retirement years to continued research and study in order to serve as an advocate for prostate cancer awareness, and, from a activist patient's viewpoint, to help patients, caregivers, and others interested develop an understanding of prostate cancer, its treatment options, and the treatment of the side effects that often accompany treatment. Readers of this paper must understand that the comments or recommendations I make are not intended to be the procedure to blindly follow; rather, they are to be reviewed as my opinion, then used for further personal research, study, and subsequent discussion with the medical professional/physician providing prostate cancer care.

As noted here:

[http://www.emedicinehealth.com/cystoscopy/article\\_em.htm](http://www.emedicinehealth.com/cystoscopy/article_em.htm)

Cystoscopy is the use of a scope (cystoscope) to examine the bladder, urinary channel, and two ureters. This is done either to look at these areas for abnormalities or to help with surgery being performed on the inside of the urinary tract (transurethral surgery).

However, with the procedure, complications are not unusual. Though Cystoscopy is generally a safe procedure, but risks increase if the procedure is complex. One of the more common occurrences is scar tissue development resulting in stricture/narrowing of the urethra. Such scarring can close the urethra requiring self-catheterization to permit urine flow. Other risks are infection, bleeding, and perforation of tear along the urinary tract.

Though a cystoscopy may be necessary to determine a urinary tract complication, this necessity should be discussed between the physician and patient with the patient aware of the risks and the physician being particularly careful in its administration. If there is more than one urologist at a facility, it may be of value to determine which performs this procedure more frequently as well as which has the least patient complication rate.

Other references:

<http://tinyurl.com/23vjrr9>

<http://tinyurl.com/2dfkeyl>