

Incontinent? Best Product to Manage incontinence!  
By Prostate Cancer Patient, Advocate, Activist, Volunteer Mentor  
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My Personal Experience

MEN'S LIBERTY/BIODERM CATHETER



The Men's Liberty/Bioderm Catheter with BioPlus securing adhesive pad, securing petals, securing tape, Dial Soap, FreeDerm adhesive spray for removal, and three overnight bags all come as part of the order. I was provided a 90 day supply that meant I could change the bag each day for 90 days. All covered by Medicare. I ordered extra at my own expense three leg attachment bags should I feel I ever need to have more collection capability when expecting to be out-and-about for any length of time. This should rarely be necessary since you can go to the restroom in any home, store, or event and simply open the outlet on the bag to drain accumulated urine into the commode when it appears time to do so. Then simply close the outlet and the catheter continues its use.

Fits to the head of the penis, not the entire penis. Clean the head of the penis with, preferably, Dial Gold soap (comes with catheter bag and explains why this specific soap), and dry. Wipe BioPlus securing product (somewhat "adhesive-like" pad) around just the head of penis (be sure to pull back and not get on foreskin). Then fit bag up to head of penis with bag slit-like opening lined up with penis opening. Then, with penis and bag hanging down, fold each "petal" carefully up and over penis head. Once adhered, grip penis head and petals to warm the BioPlus adhesive earlier applied to better secure the petals to the penis head. Next, wrap securing tape around petals and head of penis being

careful to not catch any of foreskin with the tape. Finally, once again, grip to warm for better adhering. You are now ready to go. Catheter/bag can be positioned to hang down along the inside of the thigh and can be emptied from bottom as often as needed.

This has been such a wonderful product for me who has experienced total incontinence for 26 years since surgical removal of my prostate in December 1992! Up until learning of and sending for this product covered by Medicare this fall of 2018, I have been using and constantly changing pad after pad after pad – inconvenient, not as sanitary as one would prefer, let alone expensive!

I remove the catheter/bag every night before going to bed and use a pad overnight rather than a bag alongside the bed or leaving the catheter bag on – but your choice – since while lying there appears less pressure on my bladder to leak, and I can feel when necessary to get up and relieve myself. To remove, first drain the catheter/bag. Next, use FreeDerm adhesive removing spray (that accompanies the 90 day supply) on surrounding securing tape (rub it around and it will loosen the tape and petals), then gently peel the securing tape away and as you pull down on the tape you can add spray, as necessary, until the unit releases from the head of the penis. If you run out of spray, you can wet a cloth with warm water, then hold around adhesive until it comes loose allowing the catheter to slip off.

Further information:

<https://www.mensliberty.com/incontinence-101/videos/>

<https://www.mensliberty.com/wp-content/uploads/2018/05/LT-95207-A-Mens-Liberty-IFU-New-Housing.pdf>