

Overprescribing in the Elderly: We Have a Problem

<https://tinyurl.com/yc26bzec>

This is a very interesting and informative article regarding the over-prescribing of drugs that should be of interest to everyone, despite the title noting “in the Elderly.” We all need to become more aware of the medications we are being prescribed and the medications we purchase over-the-counter and the interaction that can result between those medications to our detriment. Not enough is being done to make these comparisons of medications we are taking to insure we are not being harmed by these interactions both by ourselves and our prescribing physicians. The “do no harm” is not being followed as close as it must be. We patients HAVE TO make every physician to whom we receive treatment for any issue aware of the medications we are taking daily; by not doing so that physician has no idea if what he/she is prescribing, though meant to help, is rather going to cause us harm because of unawareness of our other medication intake.

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**THE CONCERNS WITH BEING PRESCRIBED NSAIDS,
AND NSAIDS IDENTIFIED:**

<https://www.fda.gov/downloads/Drugs/DrugSafety/ucm089162.pdf>