

Penile Injection

Compiled by Charles (Chuck) Maack – Prostate Cancer Activist/Mentor

DISCLAIMER: Please recognize that I am not a Medical Doctor. I have been an avid student researching and studying prostate cancer as a survivor and continuing patient since 1992. I have dedicated my retirement years to continued research and study in order to serve as an advocate for prostate cancer awareness, and, from a activist patient's viewpoint, to voluntarily help patients, caregivers, and others interested develop an understanding of prostate cancer, its treatment options, and the treatment of the side effects that often accompany treatment. There is absolutely no charge for my mentoring – I provide this free service as one who has been there and hoping to make your journey one with better understanding and knowledge than was available to me when I was diagnosed so many years ago. Readers of this paper must understand that the comments or recommendations I make are not intended to be the procedure to blindly follow; rather, they are to be reviewed as my opinion, then used for further personal research, study, and subsequent discussion with the medical professional/physician providing your prostate cancer care.

INJECTIONS (PAPAVERINE/BIMIX/TRIMIX)

The following websites describe penile injection therapy for erectile dysfunction:

<http://www.urologicalcare.com/other-ed-treatments/penile-injection-therapy/>

<http://www.urologicalcare.com/other-ed-treatments/diagrams/>

Patient Guide to Penile Injections:

http://www.ucsfhealth.org/adult/medical_services/urology/male_sexual/injections.html

A prostate cancer survivor who has involved himself in research and study of penile injections and the use of Bimix and Trimix is Michael Holland. He often posts on the pcai@prostatepointers support list in this regard and can be contacted directly for advice and concerns regarding

this procedure and appropriate use of the products to be injected. His email address is michaelmaumfh@hotmail.com. If interested in subscribing to the PCAI (Prostate Cancer and Intimacy) support list, here is info:

Prostate Cancer and Intimacy

PCAI is a mailing list for frank and open discussion of the sexual issues surrounding PCa. To subscribe, go to:

<http://www.prostatepointers.org/mailman/listinfo/pcai>

NEW The PCAI Wiki

A collaborative treasure trove of knowledge and help from longtime PCAI subscribers. Please first subscribe to PCAI and then get the wiki URL from the PCAI welcome message.

WITH PENILE INJECTIONS, VERY IMPORTANT TO BE AWARE:

There can be occasions, though rare, where the erection does not subside for what could be a few hours. According to this paper: <http://tinyurl.com/ps2fvz3> if your erection does not subside after two hours, take four (4) 30mg tablets of pseudoephedrine HCl (Sudafed[®]); if the erection continues to three hours you should call your treating Urologist or a hospital emergency room for instructions.

If you have an erection that lasts 4 hours and you haven't talked to a doctor or nurse, this is a medical emergency and you should head for a hospital

Emergency Room. You should treat it with the same urgency as a heart attack.

Erections lasting longer than 4 hours can cause permanent damage. Further discussion on this subject can be reviewed here:

<http://www.theprostateadvocate.com/pdf/PRIAPISM.pdf>