

SIDE EFFECT: PSYCHOSEXUAL ADJUSTMENT TO PROSTATE CANCER

**“The struggle towards ‘the New Normal’: a qualitative insight into
psychosexual adjustment to prostate cancer”**

<http://www.biomedcentral.com/1471-2490/14/56>

Comments of Charles (Chuck) Maack – Prostate Cancer Activist/Mentor:

Finally a paper that reasonably comprehensively covers what many of us have discovered on our own despite little medical community concern and found very difficult to deal with. This should be a “required reading” paper for all physicians and nurses who are involved in the treatment of prostate cancer.

Those of us who monitor the several online prostate cancer support lists or who attend conferences regarding prostate cancer are well aware of the difficulty men and their spouses/partners experience as the result of either surgical removal of the prostate gland, radiation to the prostate gland and its periphery, or prescribed androgen deprivation medications.

Please take the valuable and important time to read through this paper and make it a point when learning of a man with new diagnosis of prostate cancer to provide him with a copy. The side effects explained in this paper that most all of us have experienced would have been so much easier to have dealt with had we known, expected, and been more thoroughly explained beforehand.

We would hope that those physicians who treat prostate cancer will take the time to read this paper, as well, and consider having a member of staff on board who will address all the events described in this paper and manners in which to deal with them with new patients and their spouses/partners so that there are no “surprises” following treatment and the couple are more prepared to deal with these events as they occur because their physician or his/her staff member included this subject in their pre-treatment program. It is because of the importance of the information in this paper that I have added the paper to this “Observations” webpage.