

The Battle with Prostate Cancer
My Opinion
Charles (Chuck) Maack, Prostate Cancer Activist/Mentor

DISCLAIMER: Please recognize that I am not a Medical Doctor. I have been an avid student researching and studying prostate cancer as a survivor and continuing patient since 1992. I have dedicated my retirement years to continued research and study in order to serve as an advocate for prostate cancer awareness, and, from a activist patient's viewpoint, to voluntarily help patients, caregivers, and others interested develop an understanding of prostate cancer, its treatment options, and the treatment of the side effects that often accompany treatment. There is absolutely no charge for my mentoring – I provide this free service as one who has been there and hoping to make your journey one with better understanding and knowledge than was available to me when I was diagnosed so many years ago. Readers of this paper must understand that the comments or recommendations I make are not intended to be the procedure to blindly follow; rather, they are to be reviewed as my opinion, then used for further personal research, study, and subsequent discussion with the medical professional/physician providing your prostate cancer care.

Dealing with cancer is like going to war; we have to determine our strategy to repel the attack of the enemy and counter-attack with all the armament at our disposal. Cancer is a fierce enemy and will likely cause us some damage, but if we persevere, load our system with the appropriate counter-measures (knowledge, understanding, appropriate treatment), and fight back, we can provide equal and more damage to that enemy and cause its retreat to eradication, or at least an armistice wherein it is held back from continuing attack. We may not defeat it, but at the same time we don't simply surrender to let it defeat us. And if it ultimately does, we can at least go down knowing we had never given up and bravely fought the battle until our ammunition finally ran out.