

The Strongest Predictor of How Long You'll Live

<https://www.facebook.com/TED/videos/10159879660130652/>

Charles Maack VERY INTERESTING and supports my long time opinion that my continued existence on this earth has been the result of my deep and challenging research and study of the insidious men's disease, Prostate Cancer, and my subsequent developing my own website www.theprostateadvocate.com that is available to anyone at any time to better understand this disease of men and explains what lead me to become a mentor/free counselor to men and their caregivers throughout the world for over the past 20 years following that return of my cancer despite earlier prostate gland removal followed by salvage radiation. This continued research and study has kept my faculties strong as well as with the knowledge I gained able to control and manage the continuing cancer cells still lurking within my system. All men 35 years of age and over and all those who support the well-being of such men are encouraged to visit my website to have a better understanding of this insidious cancer of men that strikes 1 in every 7 men and is diagnosed in approximately 200,000 men annually in the United States, and results in the death of approximately 20,000 men annually, also just in the United States.

I might add that having learned much about appropriate medications and supplements to prolong one's health, I, at age 85 as of December 2017, and my wife at age 90 as of September 2017, would be included among those who are living long lives for the top reasons on the chart.