

## **What "LOVE" is all about! A "Wake Up" call to too many of you men!**

THIS EMAIL IS IMPORTANT TO YOU "WAY TOO MANY" MEN WHO, BECAUSE YOU ARE UNABLE TO GET AN ERECTION, ARE AVOIDING YOUR WIVES/PARTNERS LIKE THEY ARE THE PLAGUE!

Stop being embarrassed, or afraid, or "just not wanting to" get down to grass-roots discussion with this important person in your life of what you are experiencing mentally/physically. GOOD GRIEF, men, you married this person or became a partner to this person because YOU LOVED that person! AND THEY LOVE YOU! So how can you shy away from being open and discussing what you are feeling with this person? As well as giving that partner the courtesy of showing your continued love AND listening to what that partner is experiencing from your rejection - your shunning any discussion? Even "courtesy" is not the right word. You OWE open discussion and shared feelings with your partner!

I have been hearing from many, and I mean many, wives/partners for nearly all these many years I have been serving as a mentor to you men and your loved ones/caregivers who are really hurting and feeling rejected because of the way many of you are acting – like you don't care about how this partner feels – avoiding in every way possible any hugs, kisses, remarks, discussion – indicating you really don't care about their feelings and apparently only care about yourself.

Men, THESE PARTNERS ARE HURTING AS MUCH AS, IF NOT MORE THAN YOU! Stop feeling sorry for yourself and "man-up" to your partner that this issue of erectile dysfunction that occurred as a result of your treatment for prostate cancer has knocked you for a loop. Apologize for being distant and rejecting discussion and get back on track with the exchanging of care and love for each other. I expect many of you think that if you provide hugs, kisses, holding close, cuddling your partner will see that as "wanting more." You are way wrong.

SURPRISINGLY, men, these partners certainly understand the "issue" and want no more than you showing your continued love and affection for them as explained above. Many of you men think "intimacy" must include sexual intercourse. FAR FROM IT, GUYS! These explained acts of closeness are important to you both – they hold the two of you together! Knowing the issue your partner is not going to push you to try to do something you are unable to do. But you most certainly are not incapable of pulling that partner close, expressing your continued love,

returning to the cuddling that just brings you “close,” and regularly being open with each other discussing anything that may be bothering either of you.

PLEASE MEN, don't play the “stay away” game with someone who has been so close to you in the past and wants to continue to be just as close now. Your partner is not just another person to be treated like you treat all your friends. The two of you are much, much more than that! Get back to treating this person you chose to be with the rest of your life the way you did when you first met!

Chuck

Always as close as the other end of your computer to help address any prostate cancer concerns.

"What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."

“Sepius Exertus, Semper Paratus, Semper Fortis, Semper Fidelis, Fraters Infinitas”

“Often tested, Always Prepared, Always Courageous, Always Faithful, Brothers Forever”



Charles (Chuck) Maack - Prostate Cancer

Patient/Activist/Mentor

(A mentor should be someone who offers courtesy, professionalism, respect, wisdom, knowledge, and support to help you achieve your goals; would that I succeed)

Recipient 2008 Us TOO Intl., Inc., Prostate Education & Support Network 1<sup>st</sup> “Edward C. Kaps Hope Award”

Recipient 2012 Prostate Cancer Research Institute (PCRI) “Harry Pinchot Award”

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