

Who is Charles (Chuck) Maack in the Wichita, Kansas and Worldwide Prostate Cancer Community?

Charles (Chuck) Maack, a resident of Wichita, Kansas, describes himself as definitely not a Medical Doctor/M.D. to whom some people and some Medical and Scientific Journals address him (and whom he immediately corrects when so addressed), but rather a prostate cancer continuing patient since 1992 who could be considered a medical detective in view of the many years he has spent in deep research and study of this men's disease. He has served as a voluntary online mentor to patients and their caregivers locally and throughout the world since his prostate cancer returned in 1996. He explains what occurs in its development to diagnosis, what to expect in its progressive activity, treatment considerations depending on diagnostics and status, and treatment for side effects emanating from treatment - all that the patient is to research further then discuss with his treating physician. As a respected Prostate Cancer Mentor who assists physicians in this regard, he has received special recognition by two of the top American prostate cancer education and support organizations – Prostate Cancer Research Institute/PCRI www.pcri.org, and Us TOO International Inc., Prostate Cancer Education and Support Network www.ustoo.org (more in this regard addressed below). He is known by many physicians throughout the United States who specialize in the treatment of prostate cancer. Local patients diagnosed with Prostate Cancer are referred to him by the Wichita Prostate Cancer Support Group (a chapter of Us TOO Intl., Inc.) www.ustoowichita.org, Wichita Victory in the Valley cancer support organization to whom he is associated as available to refer men diagnosed with prostate cancer and/or their caregivers who come to Victory in the Valley seeking answers to their questions/concerns www.victoryinthevalley.org, patients locally and throughout the world with prostate cancer refer other patients to him, and patients are referred to him by local physicians. Prostate cancer patients worldwide also contact him when reading his comments regarding this disease on online prostate cancer support lists. If further “credentials” are necessary, his can be reviewed on his website www.theprostateadvocate.com.

Likely the world's foremost specialist specifically in research and treatment of recurring and advanced Prostate Cancer, Medical Oncologist Stephen B. Strum, M. D., FACP, having come to recognize Mr. Maack's several years also in research and study of this insidious men's disease and as a patient mentor the recommendations Mr. Maack made to patients, made remarks such as the following on patient forums:

"I wish all MDs were as responsive as Chuck." "Chuck represents what I call the CPR of what the medical profession should be all about, but rarely is. CPR (courtesy, professionalism, respect)." At another time he remarked in an email to Mr. Maack: "since I regard you as one of the few brightly shining lights in the world of PC support...." In 2014 on a patient forum he remarked: "... In my 31+ years of working with men with PC, I find a minority of men who truly comprehend the basic principles/concepts of this disease like Chuck." In March 2019 after noting Mr. Maack's tenth article accepted for publication in a Scientific Biology Journal: "You certainly epitomize the empowered patient and then go way beyond."

Charles (Chuck) Maack (ECaP) - Continuing Prostate Cancer Patient Since 1992, Advocate, Activist, Volunteer Mentor since 1996 to men diagnosed with Prostate Cancer and their Caregivers locally and on-line Worldwide.



Email: maack1@cox.net

Website: www.theprostateadvocate.com

A mentor should be someone who offers courtesy, professionalism, respect, wisdom, knowledge, and support to help you achieve your goals; would that I succeed.

My reason for my research, and reporting same, is in my effort to insure “no harm,” or at least “no more harm than absolutely necessary” occurs with the patients for whom I mentor.

My intent as a mentor is as an advocate to the patient as well as to assist the treating physician in explaining to patients the treatment strategy being recommended, but the patient telling me they did not understand. I attempt to determine what they ‘heard’ their physician explain but didn’t understand; determine the status of the patient from their physicians explanation and lab/pathology reports the patient should have in his own records; explain reasoning for the treatment being recommended; depending on the patients status, explaining the various options appropriate for that status and why they should be considered in the event that had not already been explained by their physician; and provide this support in layman’s language for easier understanding. I then recommend they further research that I provided and if they have further questions/concern to return to their treating physician and have them addressed. With all patients and their caregivers who contact me, I remark that I am **“Always as close as the other end of your computer to help address any prostate cancer concerns.”**

My personal Goal in life: **“ACT: Action, Commitment, Togetherness - versus AIL: Apathy, Indifference to cause, Lack of Unity.”** (taken from and inspired by an observation by Medical Oncologist Stephen B. Strum, M.D., FACP)

"What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."

“A good character is the best tombstone. Those who loved you will remember. Carve your name on hearts, not on marble.”

“Sepius Exertus, Semper Paratus, Semper Fortis, Semper Fidelis, Fraters Infinitas”

“Often tested, Always Prepared, Always Courageous, Always Faithful, Brothers Forever”

Recipient 2008 Us TOO Intl., Inc., Prostate Education & Support Network 1st “Edward C. Kaps Hope Award”

Recipient 2012 Prostate Cancer Research Institute (PCRI) “Harry Pinchot Award”

Recipient 2016 Us TOO Intl., Inc. Certificate for 20 Years Dedication/Inspiration

Personal interview 2009: <https://pcainternational.org/activities/lets-talk-about-prostate-cancer-series-b/> and scroll down to “*Let’s Talk About Prostate Cancer ... with Chuck Maack.*” - please note that in that interview when I meant to be talking about antiandrogens I mistakenly used the word “Lupron.”

Published papers:

“A Wake Up Call To Men & The Women Who Care For Them”
JCPCR-06-00189 Volume 6 issue 1 - 2016: <http://tinyurl.com/3djfgve>

“A Prostate Cancer Patient’s 24-Year (1992-2016) Continuing Journey from Diagnosis to Treatment to Recurrence to Mentoring”
JCPCR-04—201604 Volume 4 issue 4 – 2016:
<http://tinyurl.com/hcxuxv9>

“Newly Diagnosed with Prostate Cancer? - A Mentor/Patient Discussion” May 23, 2017 *Biomedical Journal of Scientific & Technical Research (BJSTR)* <http://biomedres.us/pdfs/BJSTR.MS.ID.000110.pdf>

“Prostate Cancer Advocacy and Mentoring Support” – published November 22, 2017 in the journal *“Holistic Approaches in Oncotherapy”* HAOT-17-OPN-0004 1.1 (2017): 14-15;
<https://scientiaricerca.com/srhaot/pdf/SRHAOT-01-00003.pdf>

“Medical Advice” or “Opinion” – The Important Difference - *Acta Scientific Medical Sciences* Volume 2 Issue 1 January 2018:
<https://www.actascientific.com/ASMS/pdf/ASMS-02-0019.pdf>

“The Battle with Prostate Cancer” – *Scientia Ricerca Chronical of Medicine and Surgery* – Manuscript ID: COMS18OP-0027 ISSN: 2576-8298 Volume 2 Issue 2 May 22, 2018: <https://tinyurl.com/42pqzjh>

“Fluoroquinolones – Be Aware” - *Journal of Cancer Science and Clinical Oncology*, Volume 5, Issue 2 ISSN: 2394-6520:
<https://tinyurl.com/ycylsnge>

“Evidence Based Medicine” – *Journal of Radiology and Diagnostic Imaging* Published November 19, 2018,
Radiol Diagn Imaging, 2018 doi: 10.15761/RDI.1000143
Volume 2(5): 1-1 ISSN: 2515-0200 <https://tinyurl.com/62vm8k6>

“Triple-hormonal Blockade (ADT3) – a Patient’s Perspective”
ONCOGEN - Independent Peer-Reviewed Cancer Journal 2019; Volume 2, Issue 1(2019;2(1):6) <https://tinyurl.com/y2ryey3h> (Easier Read) or <https://tinyurl.com/y3fjkacz>

“Orchiectomy – A Surgical Procedure in which One or both Testicles are Removed – is it Sufficient to Inhibit Androgen (Testosterone) from Access to Prostate Cancer Cells?” *Acta Scientific Cancer Biology* Volume 3 Issue 4 April 2019. Corresponding Author: Charles (Chuck) Maack, Independent Volunteer Mentor to men diagnosed with Prostate Cancer and to their Caregivers online

throughout the World – www.theprostateadvocate.com , USA. Opinion
Received: March 08, 2019; Published: March 26, 2019
<https://www.actascientific.com/ASCB/pdf/ASCB-03-0120.pdf>

Of possible interest:

“Leader – Born or Achieved?” – U.S. Naval Cryptologic Veterans
Association ‘Cryptolog’ Vol. 39, No. 3, Summer 2018

<https://tinyurl.com/yc83kpad>

(includes addendums not published in the Cryptolog)

“Veteran uses military training to help cancer patients”

From McConnell Air Force Base Kansas Website November 27, 2018

<https://tinyurl.com/y9w42cgg>